

**St Chad's**

**www.bishopstachbrook.com**



**Your magazine featuring news and views from within  
Bishop's Tachbrook Parish. A gentle mix of the chatty and Church.**



# What's in this month's magazine

**Start here** Precise of what you'll find in the magazine are shown on this page. Click on the title (underlined) to go to the article.



## **A time of transition**

The Parochial Church Council share thoughts on transition. Plus a last farewell from Elaine and details of the Church Giving Scheme



**Nature Page** From rats turning the compost heap to new beginnings



**Picture gallery** There are four pages of pictures from Kim Flavell spread through the magazine—lovely!



**Green fingers** Vegetable growing in May—tips and hints



## **Tachbrook Residents Action on Climate Change—TRACC**

More ideas on going green plus ideas on carbon capture, a repair café and more

## **Parish Council News**



This month's report from Cllr. Greene has news of refurbishment works, a playground extension, new facilities at the Sports & Social Club and more.

**WI** Resolutions and Kumihimo, book club and wine tasting. There's no stopping the WI!



## **Rainbows and Brownies**

Zoom kept the groups going but May holds out the prospect of being able to meet again



**BT Primary School** Take off and landing practice!



**Adverts** Many of our loyal advertisers will be going through a hard time at present, please use them in preference to those who don't advertise with us. Click on the links below to see who can provide you with a service: Great to see the St Chad's Centre being used again!



# A time of transition

By Maralyn Brown, St Chad's PCC

We are now well into spring with the trees, fields and hedgerows coming to life and we are moving towards summer. The month of May was named after the Greek goddess Maia who, in Roman religion and myth, embodied the concept of growth. So, we can see how the abundance of spring is linked to the name. It is a month of transition to the promise of summer.

The church in Bishop's Tachbrook is also in transition from one priest-in-charge to another. The process of advertising the vacancy is dealt with by the Coventry Diocesan Office, but the parish has contributed its thoughts about what is required by compiling a parish profile document. The post is being advertised in the Church Times and interviews have been planned for mid-June.

Although we have no priest-in-charge at present, church services resumed on Easter Sunday, with a visiting minister

leading services on Sunday mornings. All the current Covid protocols are strictly observed. The Parochial Church Council (PCC) still meets monthly to deal with church matters, including services and events. One of the main summer events is the Church Fete in June but, as this comes rather early in the lifting of Covid restrictions, we have rescheduled this to the afternoon of the 4<sup>th</sup> September in the St. Chad's Centre and surrounds. So, the village church is in another period of transition, moving to a new minister and hopefully out of lockdown to more normal times.

Eastertide is the time between Easter Sunday and Ascension Day, which this year is on Thursday 13<sup>th</sup> May. It is the church's belief that Jesus ascended to heaven on the 40<sup>th</sup> day after his resurrection. This is an important Christian festival, so you may hear the church bells ringing early on that day – one of the traditional ways to celebrate such a remarkable event.

## NEW CONTACT DETAILS

For Marriages, Baptisms and Funerals and general enquiries please :

e-mail [stchadsbt@gmail.com](mailto:stchadsbt@gmail.com)

Phone: **07999127260**

Our Church Warden: Rod Smith can be reached on 612242

## CYCLE OF PRAYER

### Praying for our Community

In April we are praying for those living in:

Duckett Place  
Dunstall Crescent  
Eglamour Way  
Farm Walk  
Harbury Lane

If there is something or someone you would like us to pray for please let a member of the congregation know.



## A FINAL FAREWELL

It seemed to take ages but I'm finally home in Redcar. Both Jim and I have vowed never to move again and the house is still full of boxes. Squeezing two homes into one isn't easy and will take a while but at the moment, I've nothing else to do! The 3 cats and two dogs are settling in and it is great being near the sea again.

Thank you to all who helped me with the move. Dave and Jackie Gregory for keeping me plied with tea, Fiona and Carl Meades who are wonderful friends, Desnee and Mervyn Fletcher for their love and friendship, Anne and Ray Allen for their support and Angela Smith for being there. Of course there are many others both from St Chad's and the community who offered their love, support and prayers. I will miss you all. If you are ever in Redcar please do come and visit.

God bless you all, Elaine and Jim Scrivens



## PARISH GIVING SCHEME

St Chad's Church is a Grade 1 listed building, dating back to the 12<sup>th</sup> century. It is the responsibility of the parish to maintain the church, an expensive task. The church roof has been repaired, after the theft of the lead, but there are still things that need to be done to keep this building going for future generations.

Last year the PCC joined the Parish Giving Scheme. Run by Coventry Diocese it is an efficient way of making sure that contributions and the gift aid they generate reach the church. It involves setting up a direct debit that would take money from your account on 1<sup>st</sup> of the month and that money is then transferred to the church account, plus the gift aid, within a few days. The money can only be used for St Chad's and if in any month you feel you cannot afford the amount you can ring them and they will cancel the payment.

Setting up a direct debit can be done over the phone, by filling in a form (contact Kate below) or online at [www.parishgiving.org.uk](http://www.parishgiving.org.uk).

The contact phone number is 0333 002 1271 and the number for St Chad's account is 110611222. You will need your bank details to complete the process.

If you feel that this is not for you, then we are happy for you to continue to give in whichever way you wish. Many thanks for all your contributions.

If you need more details please contact Kate Wellsted, [chadstreasurer@oulook.com](mailto:chadstreasurer@oulook.com)

Tel: 0771 311 3464 or 01926 831459





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# Parish Council News

By Matt Greene

At our April meeting we thanked County Councillor Les Caborn, who is retiring after supporting our parish for many years. Les has set a strong example of public service, passionate about helping others and clearly intrinsically motivated to make our community a better place. Les supported the building of the St. Chad's Centre, championed the concept of the country park and has been heavily involved in the provision and funding for the traffic calming, play equipment, drop kerbs and many other projects. As chair of the Parish Council I have always found him supportive and willing to advise; he was also excellent at ensuring the meeting kept moving forward "*Chairman, can we move on?*" being his favourite phrase when I first started. We will all miss him and wish him and his family well.

In April we held two meetings; the ordinary meeting and the Annual Parish Assembly. The Assembly consisted of reports on the year from County, District and Parish. If you want to read the reports they are on our website.

After over a year of planning and waiting, the replacement of the slabs, near Church Lees on the village green, has finally been finished. Grass seed has been planted and is being watered by our contractors; we are very grateful. Please do keep off this area to

allow the seed to germinate. Any help from local residents with watering would be appreciated. The Christmas tree is also in need of water. I hope you'll agree that this is a really nice improvement to that area and, even while we wait for the grass to grow, visually appealing!



We're really pleased to announce that the phase II play equipment for the Meadow has now been ordered and we are hoping it will be installed in time for the summer holidays! The area will need to be closed when the equipment is installed but we will try and provide as much notice as possible. A replacement spring for the gate has been ordered and should be fitted



soon. If you drive to the Meadow, we ask that you please do not park in front of the gate, this entrance is used by our contractor and emergency services. Please think before you park.

A planning application for the refurbishment of the Sports and Social Club driveway has been submitted to the District Council. A considerable part of this work should be covered by funding from the District Council in lieu of incorrect precept calculations.

We are still trying to obtain ownership of the Oakley Meadows allotments, Bloor Developments are aware of our frustration at the slow progress and have promised to try and speed this up.

The Neighbourhood Development Plan is continuing to move forward thanks to Cllr. Wellsted. We expect to receive the Inspector's final report in May at which point alterations to the plan can be made and we can move forward to referendum.

Cllr. Leigh Carter has been involved in discussions regarding the footpath/ cycleway on Harbury Lane. There will be a working group of which Cllr. Carter will be involved. He has also arranged for Harbury Lane to be cleaned on a regular basis. District Cllr. David Norris is arranging for the District Council to look at the flooding issues on the perimeter path around Warwick Gates.

Cllr. Sean Deely is on committees for

the new School and Country Park. A planning application for the Park should be submitted in the summer. The County Council has just appointed architects for the school.

The Play Area Working Party is working with the District Council and developers to try and make sure that play areas on the new developments can be used all year round. It has been noted that some flood during the winter months and others lack maintenance. We are very grateful that they have taken on this role. A contractor has been appointed for repairing the BMX track and also surfacing the outdoor gym equipment. When we have a date for this work we will let you know.

The water system on the Meadow allotments was recently repaired and it has been brought to our attention that this will require replacing. We are awaiting quotes for this work which might have to wait until 2022/23 financial year.

Litter is continuing to blight our community, Cllr. Wellsted and District Cllr. Andrew Day have managed to procure some signage reminding people to take pride in their community. In addition WDC have been undertaking additional runs to empty the public bins.

Our next meeting (the Parish Council AGM) is on 13th May at 7.30pm and will be held in the St. Chad's Centre main hall. We will be socially



distanced. Hand sanitizer will be available and masks must be worn. If any resident would like to attend could they please contact the clerk beforehand so we have an idea of numbers and can try and accommodate residents. Many thanks.



### **LATERAL FLOW TESTS**

You can now participate in the national programme, there are a number of options for testing which make it really easy for you to organise:

Order tests to be delivered to home from <https://www.nhs.uk/conditions/coronavirus-covid-19/testing/>

Make an appointment at your local test centre - <https://maps.test-and-trace.nhs.uk/>

Collect tests from participating pharmacies - <https://maps.test-and-trace.nhs.uk/>

Please make sure you check opening times and collection times of individual sites or pharmacies, but once you have your home tests you will find simple guidance to help you carry them out effectively and instructions for what to do next, including where to record your results.



# TRACC time

By Martin Drew

## Natural Carbon Capture

We have had a meeting with Dan Loveard from Warwickshire Wildlife Trust (20/4/2021) to discuss a range of projects to make the most of the Parishes green spaces. These include wildflower-planting verges, gardens, the churchyard etc. In fact practically any green-planted patch of land will help absorb CO<sub>2</sub>. In addition hedges can be added to and new ones planted. Where appropriate trees and perhaps a community orchard can be planted, existing woodland can be enhanced through expert forestry.

Improving habitat and bio diversity are important objectives. Looking after and developing natural and man-made ponds (such as SUDS pools in the Village and Country Park) and creating bog gardens will attract wildlife, enhance the landscape and sequester carbon.

At the same time, planting will conserve the ancient Feldon character of our area of Warwickshire made up of rolling agricultural landscapes and parkland.

TRACC's project fits in well with The Dunsmore Living Landscape's Wilder Communities Scheme, a joint project with Warwickshire Wild Life Trust and Sponsor, Severn Trent Water. The Scheme is designed to empower schools and the community to go wild by going green.

Most important Severn Trent can provide the funding that will help BT reduce its carbon footprint  
See link <https://online.pubhtml5.com/opdy/hduy/#p=1>

The first step is to make an expert assessment of the green spaces in BT. Dan Loveard coming for a Parish walkabout to help us with this.

## BT Repair Café

As mentioned in the last TRACC News, a Zoom meeting was arranged 23/4/21 with Phoebe Brown from Repair Cafe Wales (RCW). The idea was to learn and benefit from one of the UK's leading experts in setting up and running community repair and share schemes. Phoebe outlined the support RCW can provide including individual indemnity insurance at greatly reduced premiums, providing template forms for repair descriptions and records, advice on recruiting skilled repairers and publicity for the BT repair & share shop. RCW will also provide links for PAT training courses available at reduced rates for members. Terms of the insurance require that the person/s who repair electrical items should be trained in Portable Appliance Testing (PAT) to ensure electrical safety

To generate interest and recruit people with repair skills, Phoebe



recommended that we contact our local College, Men's Sheds, local repair businesses and contact nearby Bar Zero repair cafe at Barford to attend a typical repair session. It was suggested that we might borrow some of Bar Zero's repairers to help get BT's shop up and running.

As well as visiting Bar Zero, the next stage is to apply for membership of Repair Café Wales, discuss funding with BT Parish Council and decide on the venue for BT's Repair and Share, possibilities are St Chads and the Social Club.

### **Integrated sustainable green transport**

Andrew Day leader of Warwick District Council reported at the last BT Parish Council meeting that as a result of the recent cooperation and prospective merging of WDC and Stratford District Council operations, the proposed new Local Plan will include a comprehensive joint initiative for Integrated Sustainable Green transport for South Warwickshire. This is part of the ambitious programme to tackle the effects of Climate change. Andrew said that he will keep TRACC informed and they will be consulted on key developments.

### **Green Shoots Funding webinar**

I attended a Green Shoots briefing webinar hosted by Tracy Southam of Warwickshire Community & Voluntary Action (CAVA) with speakers Steve Smith and Andrew Pau from WCC briefing on the Council's actions on

Climate Change and the remit of Green Shoots Funding. Since declaring a climate emergency in 2019, the Council has wide ranging schemes to reduce carbon emissions in private homes and the councils' own operations including: public buildings, schools, decarbonising the council's estate with retrofitting insulation and renewable energy and transitioning the council's transport to Electric vehicles and improving carbon zero public transport to enable less use of private vehicles. Plus there are detailed initiatives on reducing waste, expand recycling and reducing flooding caused by climate change.

The new Green Shoots £1million fund is available for community solutions that will deliver carbon emission reduction throughout Warwickshire. It could be planting programmes, schemes to changing people's behaviour, encourage walking, cycling, taking public transport, composting and recycling, repair & exchange shops, fitting renewable forms of energy on community buildings. The deadline for funding applications for projects up to £25000 ends 17/5/2021. Below is a link to the Green Shoots presentation.

<https://www.youtube.com/watch?v=6yhwjSaDD90>

**Get in touch to tell us your ideas and join TRACC to help BT combat Climate Change.**

**Email: [BishopsTRACC@outlook.com](mailto:BishopsTRACC@outlook.com)**







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# Growing tips

By greenfingers

## What to Sow in May

- Sow French beans, runner beans, squash, cucumbers and pumpkin seeds directly into prepared beds outside. Be alert to late frosts (for which a covering of horticultural fleece should provide sufficient protection).
- Sow sweet corn outside in blocks, at least 45cm (18in) spacing, with two seeds per hole. The strongest seedling can be selected later.
- Sow cauliflowers and purple sprouting broccoli for harvesting next winter.
- Try sowing some unusual vegetables such as kohlrabi (like a large white above-ground turnip), scorzonera and salsify.
- After all risk of frost has passed, plant out tomatoes, courgettes and pumpkins that were previously sown under cover.
- Brussels sprouts for next winter should now be ready for transplanting after early or mid-spring sowing.
- Plant out artichokes that were previously sown under cover.
- Self-blanching celery can also be planted out towards the end of the month.
- Ridge cucumbers can be sown indoors now, for planting out in early June.

## Other veggiejobs

- Watch for the small holes flea beetles make on brassica seedlings. Water plants well to help them continue growing despite the pest damage.
- Protect carrots with insect-proof mesh to prevent carrot root fly.
- Protect brassicas and peas from pigeons.
- Pick yellowing leaves off brassicas promptly, to prevent spread of grey mould and brassica downy mildew.
- Put up codling moth traps in apple trees.
- Put bird protection in place for all soft fruit.
- Keep on top of weed control and continue through to summer.





# Bishop's Tachbrook Rainbows & Brownies

Caroline Whitwood

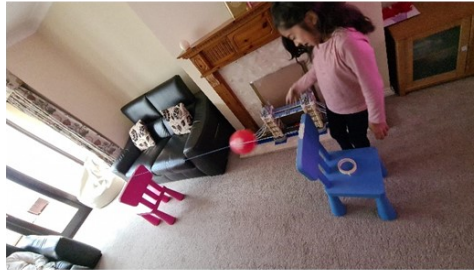
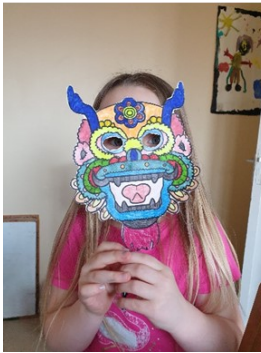
We still haven't been able to meet up in our usual weekly meetings but we're very excited to be starting in- person outdoor meetings in May. The Owls are really looking forward to seeing all our Rainbows and Brownies. However, this hasn't stopped our members from being very busy as usual this term working on their badges at home – so far, the girls have achieved the following badges this year: World Cultures, Cook, Cook Advanced, Toymaker, Communicator, Seasons, First Aid, Home Skills, Booklover, Road safety, Artist, Culture, Number fun, Writer, Friend to Animals, Sports, Cyclist, & Craft.

Big shout out to Chloe D, Keira E, Hollie M & Priya who have completed the most badges in Lockdown and another big shout out to Amelie H who has completed her Sports badge on "Fishing" - a first for the group!

The girls have also been taking part in the weekly challenges set by the Owls – this week, we're on the 45<sup>th</sup> and hopefully final one! In the last term, they've taken part in a What 3 Words challenge, completed the '12 Ways to Celebrate' badge celebrating Burns Night with chocolate haggis and an 'Address to my dinner', Girls in Science Day, Chinese New Year and Valentines Day, the SMILE badge challenge, Easter badge challenge and made mug cakes, homemade butter, Mother's Day gifts, designed a new Warwickshire Girlguiding badge, taken part in an egg drop challenge and this week they've started work on the Midlands MOOT badge challenge. Pictured below are some of the girls doing their challenges and their great work – they are all superstars!







We can't wait to see all the Rainbows and Brownies in a couple of weeks – it's been far too long! We've got lots of new starters and some old faces – for information, there are no spaces in either group at the moment but we do keep a waiting list.







## BACK TO SCHOOL—AND READY FOR SOME NEW ADVENTURES!

It has been so lovely to have been able to welcome all of the children back into school this week. There have been lots of smiles and the children have settled back well to learning so quickly.

Up, up and away...Reception children embarked on an exciting adventure. Children packed their essential items into suitcases and rucksacks ready for their flight to China. They collected their tickets and passports and headed to the airport (the hall) where they checked in for their flight. Once passing through passport and security checks they waited patiently for the call to board the plane.



When the departure was announced children found their seats, making sure it matched the number on their ticket and fastened their seat-belts. After watching a safety announcement the plane took off, hearing the engine roar on take off was very exciting. In the air they enjoyed an in-flight snack of a drink and a biscuit before setting down to watch 'Go-Jetters'. After



landing safely in Shanghai, they collected their luggage and headed off for a spot of sight-seeing. We were all back in time to go home for a good nights sleep with a fortune cookie as a souvenir.



FAIRNESS

Be patient and understanding.





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Yet another strange month has crept by. April may only have 30 days but it seems to have been with us for a long time.

WI is still very active our speaker, or should I say singer, last month was international vocalist Sandy Smith. She told us about her life interspersed with various songs. These had to be pre-recorded because singing live doesn't really work on Zoom. As we were all muted we were able to join in. This month we are looking forward to a talk by Neal's Yard. With a bit of negotiating we should be getting goodie bags too.

Each year we have a resolution selected from a shortlist by all WI members. This is then discussed and voted on by each WI normally at the National Annual Meeting in June. This year the resolution calls to Increase Awareness of the Subtle Signs of Ovarian Cancer. I'm hoping to hold a brief discussion about this in our meeting. If anyone would like to contribute to the debate please get in touch with me.

I personally haven't done any zoom meetings provided by county this month yet but next month I'm going to join the Federation Annual Meeting with guest speaker chef Brian Turner among others. I'm also going to learn to knit a blanket. I'm fascinated by

creating this with 10 stitches and no sewing required!!Also if you watched last years Great British Sewing Bee you may remember Mark Francis from Kenilworth who will be entertaining us.

We are looking to hold a cake stall on June 26th. This is something to look forward to. If you would like to contribute a cake we would be delighted. You just need a label with the ingredients attached. Otherwise please come and support us or even just come say 'hello'.

Our book group is hoping, weather permitting, to meet in my garden one afternoon next month. Could wine follow suit? Or is drinking in the afternoon wrong? At the moment it's too cold in the evenings. We'll have to see. Knitting group are very good and only drink tea. We don't want too many dropped stitches.

Last month in the meeting bag was the craft of Kumihimo worked on a Murudai or Takadai. It is a traditional Japanese art of making braids and cords. The braids were used to tie armour together and as part of traditional dress. I bet you didn't think your village WI would have such far reaching skills. I must admit we don't have a lot of armour lying around but who knows it might be useful in the future. A big thank you to Kris for supplying us with the kits.



In these bags members also get a craft, quizzes, recipes, eatables, teabags and anything else I can find that I think might amuse. Life gets a bit fraught at the beginning of each month as I'm sure you can imagine. This all helps keep WI to the forefront in members minds. I also provide an informal but informative resume of what is happening with the WI. Those of you who are wishing you had joined the WI. YOU CAN. Just because we are not meeting at the moment doesn't mean nothing is happening. Apart from the events I have mentioned there is a Serious Science lecture on Sounding Stars a search for other worlds in our galaxy. How to get Published, Gardening for Health,

Poetry mornings, an Introduction to Appliqué, How to dry flowers and a Buzz in the Garden . Just a small selection of what is available on zoom.

Be brave and give me a ring . I did just that in 1982 ( I was very young) and it's been one of the best things I ever did. In normal times its only 2 hours a month in which you have the opportunity to enjoy, learn, socialise and laugh. Okay so my family will say I got carried away but it has given me so much back in return.

Anne Allen 424135.









# Nature Page

By Steve Harvey

"There's a Rat in my compost what am I gonna do?" Simple answer is - not a lot!



I bought two 'Dalek' type compost bins a couple of years ago. With Rats in mind I wired the bottoms. I never put cooked food in the bins, mainly vegetable peelings, teabags, tissues, grass cuttings and soft green garden waste plus sawdust, so nothing very appetising for a Rat really. The wire kept them out for a couple of years, then security was breached. I turn the heap every week or two which is a bit of a palaver. I noticed that the heap was being turned 'Bigtime' rotting stuff from the bottom being brought to the top while fresh stuff was being buried. The Rat is turning the heap looking for morsels of anything edible. So I'm still turning the heap but I'm getting substantial help. Living on the edge of the country park Rats will always be a feature. The Rat can stay, we'll work the heap together and I've got to say I do make cracking compost.

By the start of April most of the white flowers in the hedgerow were Blackthorn (Sloe). It's often a turbulent time for the weather. My Dad and Grandad would often talk about a 'Blackthorn Winter'. "You can't trust it", they would say, "we could even get snow!" And we did.

Hawthorns next, that should calm it down. Damson blossoms out as the Birch catkins sway in the cold breeze. None of this is good news for people with pollen allergies though.

Just remembered back in mid-March, I walked passed an empty greenhouse. The door was open just enough to let a small bird in. Inside was a green Warbler flitting about. I slowly opened the door and moved round the back of the greenhouse outside. The little Warbler flew out - phew! It may have been a Wood Warbler or a Willow Warbler or a Chiffchaff. It was an early one at that. Within a few days I heard my first Chiffchaff so, maybe that's what it was.

On 8th of April I heard the familiar chatter of a Swallow as it dashed by me in Lighthorne. With regular north winds it was a surprise to see one. Every year I get a feeling in my water when I am about to see my first Swallow, often the day before. With



the north winds I poo-pooed my water feelings. I should have trusted them.

The Jackdaws habits are changing with the longer days. Instead of leaving the village in the twilight they hang around still building their nests and often keeping an eye on me if I'm in the garden. The braver ones will come close to get my attention. Their training of me has paid off because they usually get some food. They are taking more food on board, building themselves up for the egg laying and chick feeding that's heading their way.

There's a pair of Blue Tits busily nesting up above the outhouse door the same box has been used for three years. It faces north.

Back in March I heard, then saw, one of my Hedgehogs in the back garden. Food's going out now each night around 9ish. I'm hoping another one will turn up. Everything's starting up again in more ways than one.



*Extra note for Steve*

*Another sort of 'wildlife' was spotted locally in April. Does anyone recognise it?*





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# Bishops Tachbrook Sports & Social Club Entertainments

**In view of the Government guidelines  
constantly being updated any changes to the  
current situation will be advertised**

**On Social Media**

**On Our Website**

**On The Notice Board at the End of the Drive**

## **Membership Renewal**

Hello & happy new year to you all hope you are all well and keeping safe!

We'd just like to give all our members an update regarding memberships that are due to be paid & updated by the end of this month (January 2021).

Due to the club being closed for over six months, working at a reduced capacity when we could open in 2020 and now this continuing into 2021, potentially for some months to come, the following has been decided by BTSSC team.

Anyone who was a paid member on 31st December 2020 and is due to have their membership expire at the end of this month (January 2021) will not need to pay for the coming year and your membership will now not need to be renewed until January 2022.

Anyone who didn't renew back in January 2020 (lapsed members) or anyone who wishes to become a new member once we reopen, will need to pay membership fees.

We will update you as much as we can on upcoming information as soon as we can give you it.

All we can say is stay safe and hope to see you soon.

Many thanks for your patience.

BTSSC team.

**Wash Hands Cover Face Make Space**

## **Contact Us**



[www.bishopstachbrookclub.co.uk](http://www.bishopstachbrookclub.co.uk)



01926 421621/07855709051



[enquiries@bishopstachbrookclub.co.uk](mailto:enquiries@bishopstachbrookclub.co.uk)



bishopstachbrookclub





# St Chad's Centre Schedule

| Monday      | Activity  | Contact   |
|-------------|---|---|
| 10.00-11.00 | <p>Class to start back after May 17th following the next Government update.</p> <p>Tai Chi – All Classes are for beginners but are suitable for anyone. Classes have a maximum of 10 Students to ensure social distancing and are COVID Compliant. First class is free, so no reason not to find if Tai Chi is right for "you"</p>  | Peter Fletcher<br>07487 685679  |
| 17.00-17.45 | Martial Arts Class. Children/Beginners up to age 11   | Andy Shaw –<br><a href="mailto:andy@linkcube.co.uk">andy@linkcube.co.uk</a>   |
| 17.45-19.00 | Martial Arts Class. Over 12 years and adults  | Andy Shaw –<br><a href="mailto:andy@linkcube.co.uk">andy@linkcube.co.uk</a>   |
| 19.30-20.30 | <p>Class to start back after May 17th following the next Government update.</p> <p>Tai Chi details as above.</p>  | Peter Fletcher<br>07487 685679  |
| Tuesday     | Activity  | Contact   |
| 9.15-12.30  | <p>ADVENTURE BABIES</p> <p>Take your little ones on a Sensory Story-telling Adventure every Tuesday at St Chad's Centre, as we bring brilliant books to life with puppets, props, bubbles and sensory activities.</p> <p>Mini Adventurers (0-18 months) 9.15am - 10.00am<br/>Diddy Adventurers (0-12 months) 10.30am - 11.15am<br/>Mini Adventurers (0-18 months) 11.45am - 12.30am</p> <p>Booking essential please visit <a href="http://www.adventurebabies.co.uk/">www.adventurebabies.co.uk/</a> warwickshireandcoventry to secure your place or contact <a href="mailto:lindsey@adventurebabies.co.uk">lindsey@adventurebabies.co.uk</a></p> | <p><a href="mailto:lindsey@adventurebabies.co.uk">lindsey@adventurebabies.co.uk</a></p> <p>or visit:<br/><a href="http://www.adventurebabies.co.uk/warwickshireandcoventry">www.adventurebabies.co.uk/warwickshireandcoventry</a></p> |



| <b>Tuesday</b>   | <b>Activity</b>   | <b>Contact</b>  |
|------------------|---|---|
| 16.45-18.30      | <p>ATOMIC DANCE</p> <p>Acrobatic Arts 1<br/>4.30pm-5.15pm - Ages 5+<br/>Learn the foundations of dance technique and acro movement. In this beginner class, students will develop skills such as forwards and backward rolls, cartwheels and bridges in a fun, friendly environment.<br/>£18 per month.</p> <p>Acrobatic Arts 2<br/>5.20pm-6.20pm - Ages 7+<br/>A more challenging acro class for children who have previous acro or dance experience. Learn how to safely execute skills such as handstands, backbends and walkovers alongside improving dance technique.<br/>£21.50 per month</p> | <p>Contact Ellie Rowe<br/>07392 348155 or<br/><a href="mailto:ellie@atomicdance.co.uk">ellie@atomicdance.co.uk</a></p>  |
| 19.00-20.00      | Cookery Class – classes available to children over 8 and adults   | <p>Ann-Marie Lambert<br/>07956 955951 or<br/><a href="mailto:getcooking@hotmail.co.uk">getcooking@hotmail.co.uk</a></p> |
| <b>Wednesday</b> | <b>Activity</b>   | <b>Contact</b>  |
| 10.00-11.00      | <p>Class to start back after May 17th following the next Government update.</p> <p>Tai Chi - All Classes are for beginners but are suitable for anyone. Classes have a maximum of 10 Students to ensure social distancing and are COVID Compliant. First class is free, so no reason not to find if Tai Chi is right for "you"</p>  | <p>Peter Fletcher<br/>07487 685679</p>  |



| <b>Tuesday</b>  | <b>Activity</b>  | <b>Contact</b>   |
|-----------------|--|--|
| 18.00-19.00     | <p>Coming soon new YOGA CLASS</p> <p>Wednesday 19<sup>th</sup> May following the updated guidelines.</p> <p>Supporting Health &amp; Wellbeing</p> <p>Yoga classes with Amanda</p> <p>Specialising in yoga for beginners. Sedentary workers, and mums.</p> <p>£7.00 per person</p> <p>Classes are limited to 11 people</p> <p>Please bring your own mat / block</p> <p>I ask that attendees wear masks when not on their mat.</p> | <p><a href="http://www.lifewithamandaj.com">www.lifewithamandaj.com</a></p>  |
| 19.30-20.30     | <p>Class to start back after May 17th following the next Government update.</p> <p>Tai Chi info as above.</p>  | <p>Peter Fletcher<br/>07487 685679</p>   |
| <b>Thursday</b> | <b>Activity</b>  | <b>Contact</b>   |
| 11.15-12.15     | <p>ATOMIC DANCE</p> <p>Little Stars Mini Mix</p> <p>11.15am-12.15pm - Ages 2-4</p> <p>1 hour of dance and gymnastics fun for your little one! Using props, music and equipment, watch your child discover their love for dance whilst improving in coordination, strength and confidence.</p> <p>£6 per week paid termly - Fully booked, join our waiting list for possible additional classes...</p>                            | <p>Contact Ellie Rowe<br/>07392 348155 or<br/><a href="mailto:ellie@atomicdance.co.uk">ellie@atomicdance.co.uk</a></p> |



| Thursday    | Activity  | Contact  |
|-------------|---|--|
| 16.00-18.15 | <p><b>ATOMIC DANCE New classes</b></p> <p>Little Stars Ballet</p> <p>4pm-4.30pm - Ages 2-5</p> <p>Fall in love with the beauty of ballet right from the start of your child's dance journey...Skip, gallop and twirl your way through the basics with our IDTA qualified teachers.</p> <p>£14.50 per month</p> <p>Little Stars Musical Theatre</p> <p>4.35 pm-5.05pm Ages 2-5</p> <p>A 30 minute class exploring the art of singing, dancing and acting, specifically tailored for our Little Stars! Watch them develop their imagination and confidence.</p> <p>£14.50 per month</p> <p>Junior Combo</p> <p>5.10pm-6.10pm - Ages 5+</p> <p>A class exploring a combination of dance styles for students that want to do it all! Ballet, Jazz, Street, Lyrical, Acro-gymnastics and Musical Theatre to name a few... Students will get to try a variety of styles whilst improving their dance technique, strength and flexibility.</p> <p>£21.50 per month</p> | <p>Contact Ellie Rowe 07392 348155 or <a href="mailto:ellie@atomicdance.co.uk">ellie@atomicdance.co.uk</a></p> |
| Friday      | Activity  | Contact  |
| 10.00-11.00 | <p><b>Starting back from May 17<sup>th</sup> following updated government guidelines</b></p> <p>Tai Chi - All Classes are for beginners but are suitable for anyone. Classes have a maximum of 10 Students to ensure social distancing and are COVID Compliant. First class is free, so no reason not to find if Tai Chi is right for</p>   | <p>Peter Fletcher<br/>07487 685679</p>   |



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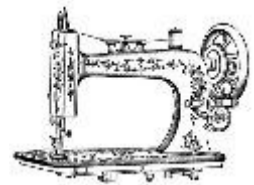
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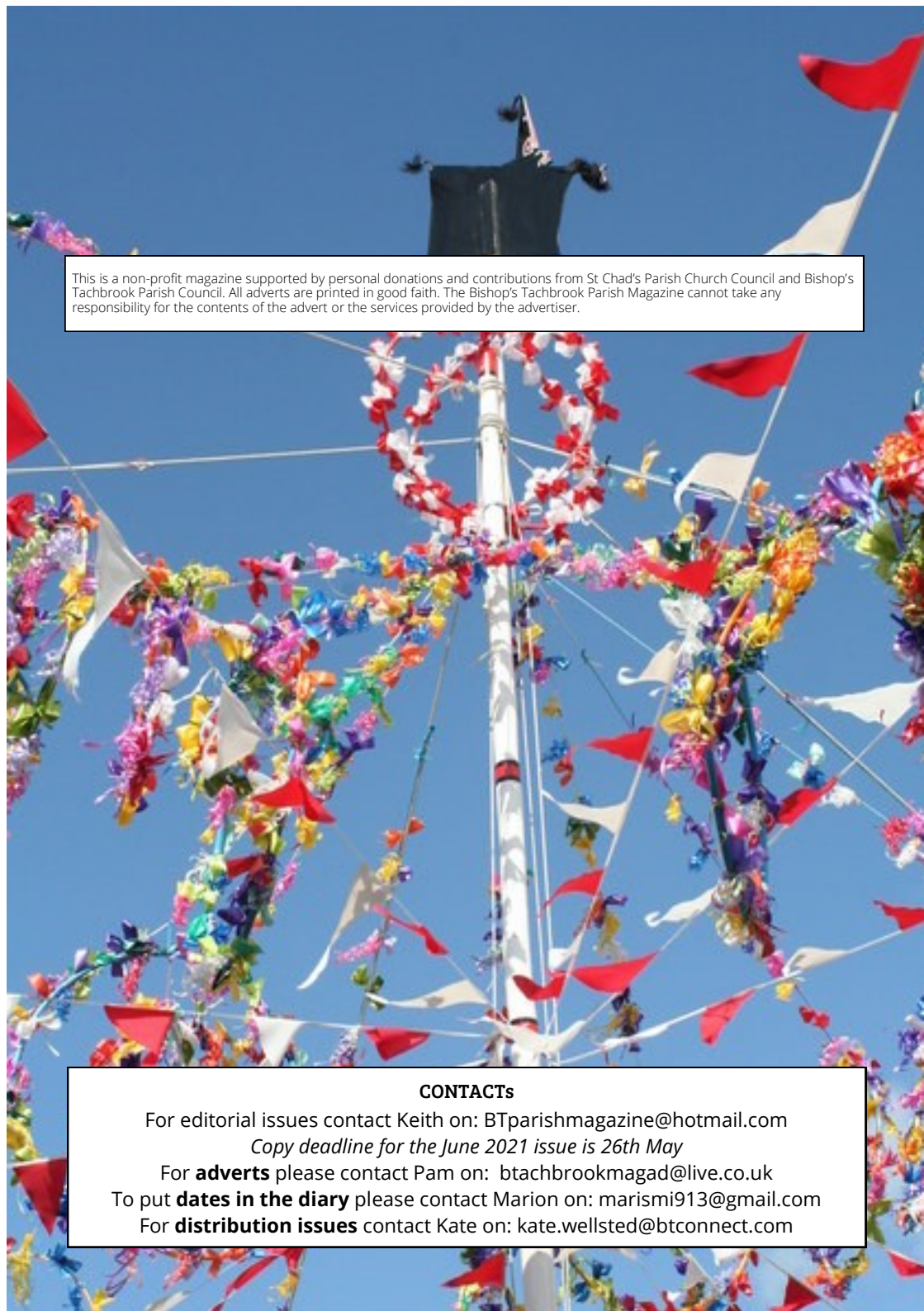
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