

PARISH MAGAZINE ONLINE

St Chad's



Issue 5 June 2021

www.bishopstachbrook.com



Your magazine featuring news and views from within
Bishop's Tachbrook Parish.

What's in this month's magazine

Start here Precise of what you'll find in the magazine are shown on this page. Click on the title (underlined) to go to the article.

Parish Council News

This month's news from the Parish Council includes hot topics like traffic calming, path refurbishment, flooding, tree cutting and more. Keep up to date with what's being done in your name.



Nature Page Wheatears, ravens, foxes and new potatoes—eclectic!



Green fingers Vegetable growing in June—tips and hints. Planting leeks essential.

Normality returning



The Parochial Church Council share thoughts on normality including recruiting a new priest. Perhaps the biggest return is the planned reopening of the community café on 7th July



Tachbrook Residents Action on Climate Change—TRACC

News of ideas to green the parish.

WI Amazing what you can achieve on zoom, plus news on a real cake stall!



Poetry
Moment



a love of words

Poetry please A range of wonderful verse spread through the magazine



Heathcote Primary School We asked our children what is it about our school you really love. Top answer, 'We are all friends!' What better sign of a community can you have? Find out what prompts such a reaction.



Adverts Many of our loyal advertisers will be going through a hard time at present, please use them in preference to those who don't advertise with us. Click on the links below to see who can provide you with a service: At last the Sports and Social Club has a programme up and running!

Normality returning?

By Maralyn Brown, St Chad's PCC

We move into June in the hope of warmer, drier weather. So far the new church roof has withstood the onslaught of rain over the past month which is a relief. Church services are restored on Sundays with a visiting minister taking the service. So we think things are getting back to a more normal routine and a wedding taking place this month to brighten everything up.

This month we are interviewing candidates for the priest-in-charge vacancy in the village. The person is to be interviewed by a panel made up of PCC members from the village and Diocesan staff. So village interests and preferences will be represented in the selection process.

Discussions about the re-opening of the popular Community Cafe have been taking place and, at the moment, assuming the covid restrictions continue to be eased, we are looking at August to open up again.

The village Tachfest is due to take

place on 10th July and the church will have a stall to contribute to the event. So any spare gifts or items suitable for a Tombola stall would be welcome. Donations can be dropped off at 1 Wychwood Close, 10 Farm Walk, 32 Holt Avenue or 23 Oakley Wood Road. That is a fairly good spread through the village so we hope you can give some items to support the stall.

There was an item on the radio recently which mentioned St.Chad who founded Lichfield Cathedral, and of course is the patron saint of our church, which used to be in the Lichfield diocese before the Coventry diocese. He founded his ministry on healing, hospitality and hope. All of which still sound very appropriate for today.

Let us hope for warmer, brighter weather soon to help everyone enjoy meeting up with family and friends after the difficulties of the past year. Good wishes to everyone.

NEW CONTACT DETAILS

For Marriages, Baptisms and Funerals and general enquiries please :

e-mail stchadsbt@gmail.com

Phone: **07999127260**

Our Church Warden: Rod Smith can be reached on 612242

CYCLE OF PRAYER

Praying for our Community

In April we are praying for those living in:

Hassall Close
Heathcote Lane
Holt Avenue
Kingsley Court

If there is something or someone you would like us to pray for please let a member of the congregation know.

DIY

By Rod Smith, St Chad's PCC

I have always been a keen and enthusiastic DIYer (Do It Yourself) How things have changed.

I was brought up in my parents' Ironmongers business selling everything for fixing or making projects – good old hardboard days!

My father and his brother traded in Knebworth, Hertfordshire and before them my Grandfather and Great Grandfather. We had stables and shod horses and made what was called Scotts Carts for the gentry. (A Blacksmiths was established in 1897) On Saturday nights the stable was cleaned out and fresh bales of straw were put out ready for Sunday morning's church service. This was where the first church service was held in the village.

What would that generation have made with DIY stores these days? And again how popular television programmes like 'The Repair Shop' and garden transformation programmes would have appealed to them.

You can get so much help on line these days and with the right tools and safety procedure step by step instructions and if all fails you've got professional help like Check a Trade or a friendly neighbour to help.

There are lots of things we cannot do by ourselves e.g. give someone a kiss or hug. We pray on our own to God knowing we are not alone.

Community Cafe

We are hoping to reopen the Community Cafe on 7th July at 11.15pm.

There will be a few changes. Customers' details will have to be taken for track and trace. Masks will need to be worn, when not sitting down. Windows will need to be open. There will have to be space left between non family members.

We also ask that anyone who is feeling unwell stays away.

Volunteers will try there utmost to keep the space as Covid safe as possible. What won't have changed will be the tea/ coffee, the cakes and the friendly welcome.



Poetry please

First Summer—Carol Ann Duffy

Carol Ann Duffy's poem is written from the point-of-view of a mother watching her child experience her first summer.



Here is your shadow-hand
holding the shadow of mine
as we drift along
over the grass
after a bee
or a butterfly.
You shout their names.
And here are the shadows
of your first words,
seen through the throat of a flower.

Here is a ball
bouncing away,
yellow and yellow
under the sun;
your unwrapped voice
calling it back.
Here is a sun-hat,
blue and green,
a melting cone
in your fist.
And here is a message
faxed from the heart
to the lips,
as my shadow kneels again beside yours
for a shadow-kiss.



Parish Council News

By Matt Greene

We recently held the annual general meeting of the Parish Council at which I was fortunate to be re-elected as its Chair; I am grateful for the continued support of my fellow councillors and the opportunity to serve.

At the meeting the Clerk was also reconfirmed as our finance officer and Cllr. Carter was re-elected as our vice-chair. Cllr. Ray Bullen agreed to remain as Planning lead with Cllr. Brewster as our adviser on Technology and Digital Matters, Cllr. Carter will continue to lead on Traffic and Road Community Safety, Cllr. Cathy Herbert on risk assessments, community engagement and the Sports and Social Club driveway project, Cllr. Martin Drew will continue to build on the fantastic progress he has made in taking TRACC (Climate Change Group) initiatives forward, Cllr. Wellsted will continue to focus on the Neighbourhood Plan, Working Parties and jointly on amenities matters with Cllr. Deely who continues to represent the Parish on the Country Park and School boards. Our newest recruit, Cllr. Lesley Keung will decide her portfolio at our next meeting.

It was our first 'face to face' meeting for a year and strict Covid procedures were in place, it was really nice to see people albeit in masks for Covid and thick coats (due to the unseasonably cool and wet May we all experienced.)

Given the inclement weather, district Cllrs. Andrew Day and David Norris assured us that they are asking officers to sort the flooding on the perimeter path and put bins on the edges of the new developments until the roads are adopted by the County Council. They also asked that we make you aware of the South Warwickshire Local Plan consultation which has just started and ends on Monday 21 June. Details are available on the District Council website and many residents have been commenting on Facebook - please also respond formally as not everyone will see the comments on Facebook.

Given the short notice (following his election), our new County Councillor; Cllr. Jan Matecki was unable to attend our meeting but has assured us that he will give a full update on our existing issues at the next meeting. I was able to contact Jan to congratulate him on his victory and, I was also able to get a message to Kelly Box, the runner up candidate who ran a strong campaign and highlighted some key issues that will affect our local region. Well done to them both (and all our candidates) for stepping up.

We are hoping for dates for the OWR chevrons replacements and OWR scheme plus whether the Seven Acre Close scheme has passed the safety audit and, if it has, a date for installation. Cllr. Deely is waiting for an

update on the Othello Avenue drop kerb installation.

The country park is moving forward slowly. Cllr. Deely regularly updates councillors. We understand that, when the Country Park opens, it will be a phased opening with the western end first. Architects are working on the overall site plan plus providing parking for the country park. The County Council are working on the sports pitch requirement and drafting the framework for the community's use of the school facilities.

Cllr. Carter is also involved in discussions regarding Harbury Lane improvements. He is investigating a raised table near Heathcote Primary School to slow traffic. We would like to see the speed limit reduced to 30mph but it is up to the County Council with the input of the police to decide.

Cllr. Drew is looking at ways of making everyone aware of which items can be recycled and where - I'm really excited about this as I often am not sure (when it says things like "check local guidance"). He is working with Cllr. Brewster and District Council officers to get this information to us.

The spring has arrived for the gate (at least one sort of Spring has) into the play area and it will be fixed very shortly. Our inspector has made us aware of a slight raised surface near the trampoline. The company who installed the equipment has been

made aware and should be visiting shortly. Please do take care. Phase II equipment should be installed week commencing 5th July. Unfortunately the play area will be closed for 2 weeks. Please see July magazine for further updates.

The BMX track repairs should take place week commencing 21st June and the outdoor gym equipment surfacing should also take place that week.

Some tree work will be taking place on the Meadow at the beginning of July. Please see July magazine for further updates.

Apologies that there are no new updates to report on the transfer of the allotments on Oakley Meadows. We are regularly chasing the developer.

Our next meeting will be on 24th June at 7.30pm at Heathcote Primary School. If you wish to attend please contact the clerk as we must know numbers beforehand and also have contact details.

Poetry please

The man in the jar by Irwin Mercer

I once knew a man who lived in a jar,
for a stranger sight you'd have to go far.
I asked him once, why he lived in a jar,
he grimaced and said, how bizarre you are.

My jar's so cosy, warm and bright,
even in the full moonlight.
The only drawback is you see,
is getting out quickly when I have to pee.

Poetry please

Now we are six by A.A. Milne

When I was one,
I had just begun.
When I was two,
I was nearly new.
When I was three,
I was hardly me.
When I was four,
I was not much more.
When I was five,
I was just alive.
But now I am six,
I'm as clever as clever.
So I think I'll be six
now and forever.

LATERAL FLOW TESTS

You can now participate in the national programme, there are a number of options for testing which make it really easy for you to organise:

Order tests to be delivered to home from <https://www.nhs.uk/conditions/coronavirus-covid-19/testing/>

Make an appointment at your local test centre - <https://maps.test-and-trace.nhs.uk/>

Collect tests from participating pharmacies - <https://maps.test-and-trace.nhs.uk/>

Please make sure you check opening times and collection times of individual sites or pharmacies, but once you have your home tests you will find simple guidance to help you carry them out effectively and instructions for what to do next, including where to record your results.

This is important even if you have had both vaccinations as you may still get the virus and spread it (including to those who are yet to have the vaccine) and equally it helps with the identification of new strains and how they are working.

TRACC time

By Martin Drew

The Carbon Green Capture project is up and running; identifying green spaces for wild planting around the Parish. TRACC member Keith Wellsted and I had a Village walkabout with Dan Loveard from Warwickshire Wildlife Trust. We covered the church grounds and field to the north of them, moved on to the Village Green(s) and green spaces off St Chad's Rd and Farm Walk then up to Mallory Road to see the green areas there. This gave Dan insight as to the type and existing uses of the locations for proposed planting. It is important to take into consideration such things as not covering the village green in too many trees as it is used for events etc. Keith sent Dan a map that details all the green spaces in the Village envelope and he will come back with a list of proposals that we will then consult residents on to get their views. Good news too: Dan confirmed that Severn Trent is providing funds for these green projects.

This is just the first step in BT going green. It is intended to extend it to all areas in the parish including the Country Park. Sean Deely, BT Parish Councillor and member of the Country Park Steering Group will be at the next TRACC meeting to discuss how Warwickshire Wild Life Trust can be involved in developing green carbon capture in the Country Park.

BT Repair Cafe

There is also progress on setting up the repair and recycle café. It's planned to visit Barford's Bar Zero repair café in early June. Rather than reinvent the wheel, this will enable us to see at first hand how the repair café operates by talking to the repairers and organisers. It will also be useful to learn about the benefits of being a member of Repair Café Wales that has a tried and tested system and support for creating and running a repair cafe. In addition we intend to see the Sydni Centre Repair Café, Leamington in action (meets 1 Saturday each month 11am -2pm)

Dos and don'ts of recycling

There is lots of confusion about exactly what we can and cannot put into our red box and bags. A simple guide to answer your questions will soon be posted on the BT website with reminder messages on BT Facebook page.

Get in touch, tell us your ideas and join TRACC to help BT combat Climate Change.

Email:
TRACC@bishopstachbrook.com



News from Heathcote Primary School

Where has the time gone. We cannot believe we are at the end of yet another half term and how wonderful it is to finally see sunshine. The children have really loved getting out and about in our school grounds; looking for wildflowers, building habitats for insects, cooking on the campfire, rolling down grassy hills, playing sports and just enjoying being outside.

Our book was published recently 'A year like no other!' It is a wonderful collection of poetry, thoughts and writings about our community's view about the past year during the pandemic. It is a very positive approach to remembering and the children love reading it and commenting.

We have shared some photos of some of our recent exciting curriculum experiences. Year One have become palaeontologists and been digging for fossils, learning super facts about dinosaurs and understanding how and where dinosaurs lived. They have also been botanists and exploring plants. We are impressed at how much they have remembered over time and they could clearly tell us about the different parts of a plant and how each part contributes to the other. The whole school participated in National Number day for the NSPCC and every child came either dressed as a number or decorated their uniform with numbers. We had a fun day exploring numbers and how they are everywhere. It really helped develop the children's understanding of arithmetic and the wider aspects of maths.

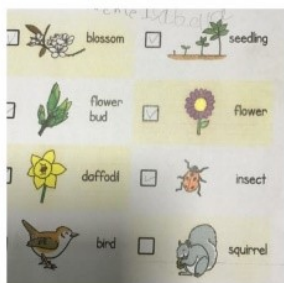


As we move forward towards the summer we are looking forward to sports day, multi-cultural week, our new Reception children joining us as part of their transition, learning new things and generally enjoying being together. We asked our children what is it about our school you really love. Top answer, 'We are all friends!' What better sign of a community can you have.

Please visit our school website to find out more and if you are passing our school give us a wave.

www.heathcoteprimaryschool.co.uk

Mrs Humphriss – Executive Head Teacher.



Growing tips

By greenfingers

Sowing & Planting in June

Direct Sowing

In dry weather draw your drill and water it well prior to sowing and then just water with a fine rose after to settle the seeds in.

Successional sowing each fortnight of beetroot, French beans, early carrots, kohlrabi, early peas, lettuce, rocket, turnips, endive, radish, spring onions will give you a constant supply of salads and vegetables at their peak for your plate.

- French and Runner Beans
- Maincrop peas
- Beetroot
- Carrots
- Turnips
- Swedes
- Cauliflowers
- Chicory
- Endive
- Kohlrabi
- Sweetcorn
- Squash
- Courgette and Marrows



Planting Out

Pot grown runner and dwarf beans should be safe to plant out now as the danger of frost should be past. Outdoor tomatoes can also go into their final position. Don't just move them straight from the greenhouse or their growth will be checked. Use a cold frame to condition them or move them back into the house at night for a few days before they go into the big wide world. Your leeks may well be ready now, about pencil thickness and they're ready to plant.



WI

By Anne Allen

I'm sure you have noticed that most of the WI ladies are now looking even more beautiful than usual at the moment. Our goodie packs, last month, courtesy of Neal's Yard turned out to be an at home pamper kit. Under the strict instructions of Daisy, We were told how to use the 4 different sachets included, leaving us all feeling extremely pampered.

We also voted on the resolution I had mentioned last month which was To Increase Awareness of Subtle Signs of Ovarian Cancer. Everyone was in favour of this so together with votes nationwide it will hopefully be carried and acted upon.

I zoomed the Federation Annual Meeting. The two guest speakers, Brian Turner , chef and Mary Rhodes news journalist were excellent. Brian rose to celebrity chef from working in his dad's transport cafe and Mary told how she had risen through the ranks from sports reporter to being a news journalist not a presenter.

Zoom wise, I have learnt to knit a blanket on 10 stitches. My mother looked at it and said " why ! " . Because I can was the answer. We had a really interesting talk by Mark Francis of Sewing Bee fame telling us about the filming of programs and all the waiting to get a few minutes of filming, the garment judging may take 3 hours

not the couple of minutes we see. He did urge us all to have a go as it had been great fun. From Facebook I also picked up on a comedy event being run by Denman, the National Federations Training Platform. The comedian was Rob Rouse who plays Bottom, the household servant, in Upstart Crow. Needing some people to unmute themselves so he had live laughter was ok but the couple eating their pudding, scraping their bowls was a bit much.

Our speaker next month is Julie Earle from Appoint Us Services who work in partnership directly with individuals offering a range of services centred to that individual. If you think it might be helpful to you and yours and you would like to join us please give me a call. July, with fingers crossed for good weather will be our first meeting up . We are planning a bring your own picnic, on the school field. Again if you want to join in please get in touch. A perfect way to meet us all.

On June 26th we will hopefully be holding our cake stall on the village green. The road works should have gone by then. 9:30am start so please come and support us. Big thanks to those non members who have already offered to bake us a cake or two.

Last month in the meeting bags, everyone had a trinket box to decorate

as yet I've had no photos sorry . This is one of the things I'm not going to miss when meetings start again . I knit and sew but as to other crafts, forget it. With help, I've managed to come up with something new each month. Still thinking for this one.

I am still collecting used postage stamps , broken and unwanted jewellery etc. for ACWW and unwanted bras for the Bravissimo charity . Black bin bags everywhere in my house awaiting various deliveries.

The WI is still thriving in Bishops Tachbook why not think about coming

along to one of our meetings when we are able to meet properly or at least come along to the cake stall and see us. I recently heard Henley in Arden WI now has 80 members and most of them joined through lockdown. It shows the WI always has something to offer be it fun or support come and find out for yourself.

Anne Allen 424135



Nature Page

By Steve Harvey

"As I scribble this we're nearly at the end of a turbulent Spring. Hawthorn buds are fit to burst. The Keck or Cow Parsley jostles with Nettles and Comfrey. Unless its really cold Spring slips in then gallops through. We recently tried Nettles in a risotto. Not a particularly strong flavour but packed full of goodness.

The Wild Arums are flowering, their long pointed green sheathes waiting for flies to pollinate them. They're also known as Cuckoo Pint as they flower around the time you might hear the Cuckoo. Good luck with that! I did hear and see one a couple of years ago.

My early potatoes are loving the rain (unlike me) and growing like mad. The Rat is still doing sterling stuff in the compost heap for hardly any reward. Just like having a small JCB in there (other diggers are available).

I see the Fox most nights. I think its a dog Fox coming alone. Wish the Vixen and cubs would arrive. There was a baby Rabbit in the garden the other day. It would have just fitted into the palm of your hand. It

was using the gap in the wood store door as a bolt hole. These little Rabbits or 'kittens' are on their own very quickly. With the Fox and a few cats around here it will have to sharpen up a bit.

The Swallows chase each other across the sky over the cottages. At the moment there's three of them like last year. Its an odd number so I hope more turn up. House Martins are back over Tachbrook and Moreton Morrell. I didn't see many last year. I'm seeing more Swifts though, at least 15 were up zooming about over Newbold Comyn.

Been lucky enough to see Hares recently, one down the lane near us and another on a farm down the Fosse. It was on that farm I also had a Wheatear fly in front of me joined by



another. The name comes from Anglo-Saxon for 'white rump' So its more like a 'white rear' than a 'wheatear'. The old books I have say they breed in small numbers around here so, maybe, they have increased. Hope so, only ever seen a couple of them.

Now my extended family of Jackdaws are working hard feeding young at the mo. The braver ones stalk me in the garden to get my attention - always works. Love watching them up close when I boost their food supplies. There's a dominant one that raises its head and neck feathers making it look bigger. That one arrives with a squawk

and barges another Jackdaw out of the way as it flies into it on the lawn. There's one I feel sorry for that has a bad leg or foot. It almost lays down on the outhouse roof to take the weight off its leg. Its done that for a couple of years now so its coping but must be in pain. There's a happy bonded couple that land on the lawn, both calling and both with head feathers raised. One will bow down to the ground while the other one nuzzles into it. Its a proper complex little group full of character. Nice to watch up close.



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Bishops Tachbrook Sports & Social Club Entertainments

June

12th June – Family Bingo

Get your gang together grab your dabbers and join us for our Family Bingo Night with fabulous prizes to be won. Eyes down at 7.30pm for a fun family night out.

19th June – Race Night

Can you pick a winner or do you always pick the 3 legged donkey? If you want a fun exciting family night out then why not come and join us for our night at the Races. Under starters orders at 7.30pm

26th June – The Firm

The Firm sing rock and roll hits, including The Eagles, Bee Gee's, Rolling Stones, Chuck Berry and more taking you back to your roots and delivering great classic standards in an package all their own.

The music starts at 9.00pm get there early to grab a seat.

Function Room Free To Hire
(T's & C's apply)

Bishops Tachbrook Sports & Social Club Function room is available for Parties, Christening's Weddings and Funerals; we offer a personal service and buffets if required.

Contact Us



www.bishopstachbrookclub.co.uk



01926 421621/07855709051



enquiries@bishopstachbrookclub.co.uk



bishopstachbrookclub



St Chad's Centre Schedule

Monday	Activity	Contact
10.00-11.00	Tai Chi – All Classes are for beginners but are suitable for anyone. Classes have a maximum of 10 Students to ensure social distancing and are COVID Compliant. First class is free, so no reason not to find if Tai Chi is right for "you"	Peter Fletcher 07487 685679
16.30-17.45	Martial Arts Class. Children/Beginners up to age 11	Andy Shaw – andy@linkcube.co.uk
17.45-19.00	Martial Arts Class. Over 12 years and adults	Andy Shaw – andy@linkcube.co.uk
19.30-20.30	Tai Chi details as above.	Peter Fletcher 07487 685679
Tuesday	Activity	Contact
9.15-12.30	<p>ADVENTURE BABIES</p> <p>Take your little ones on a Sensory Story-telling Adventure every Tuesday at St Chad's Centre, as we bring brilliant books to life with puppets, props, bubbles and sensory activities.</p> <p>Mini Adventurers (0-18 months) 9.15am - 10.00am</p> <p>Diddy Adventurers (0-12 months) 10.30am - 11.15am</p> <p>Mini Adventurers (0-18 months) 11.45am - 12.30am</p> <p>Booking essential please visit www.adventurebabies.co.uk/ warwickshireandcoventry to secure your place or contact lindsey@adventurebabies.co.uk</p>	<p>lindsey@adventurebabies.co.uk</p> <p>or visit:</p> <p>www.adventurebabies.co.uk/ warwickshireandcoventry</p>

Tuesday	Activity	Contact
16.45-18.30	<p>ATOMIC DANCE</p> <p>Acrobatic Arts 1</p> <p>4.30pm-5.15pm - Ages 5+</p> <p>Learn the foundations of dance technique and acro movement. In this beginner class, students will develop skills such as forwards and backward rolls, cartwheels and bridges in a fun, friendly environment.</p> <p>£18 per month.</p> <p>Acrobatic Arts 2</p> <p>5.20pm-6.20pm - Ages 7+</p> <p>A more challenging acro class for children who have previous acro or dance experience. Learn how to safely execute skills such as handstands, backbends and walkovers alongside improving dance technique.</p> <p>£21.50 per month</p>	<p>Contact Ellie Rowe 07392 348155 or ellie@atomicdance.co.uk</p>
19.00-20.00	<p>New class YOGA with Amanda</p> <p>Supporting Health & Wellbeing</p> <p>Yoga classes with Amanda</p> <p>Specialising in yoga for beginners. Sedentary workers, and mums.</p> <p>£5.00 per person</p> <p>Classes are limited to 11 people</p> <p>Please bring your own mat / block</p> <p>I ask that attendees wear masks when not on their mat.</p>	<p>www.lifewithamandaj.com</p>

Wednesday	Activity	Contact
10.00-11.00	<p>Tai Chi - All Classes are for beginners but are suitable for anyone. Classes have a maximum of 10 Students to ensure social distancing and are COVID Compliant. First class is free, so no reason not to find if Tai Chi is right for "you"</p>	Peter Fletcher 07487 685679
18.00-19.00	<p>YOGA CLASS with Amanda</p> <p>Supporting Health & Wellbeing</p> <p>Specialising in yoga for beginners. Sedentary workers, and mums.</p> <p>£5.00 per person</p> <p>Classes are limited to 11 people</p> <p>Please bring your own mat / block</p> <p>I ask that attendees wear masks when not on their mat.</p>	www.lifewithamandaj.com
19.30-20.30	Tai Chi info as above.	Peter Fletcher 07487 685679
Thursday	Activity	Contact
9.30-10.30	<p>New Pilates class with Karren Starts 1 July</p> <p>Pilates aims to strengthen the body in an even way, with particular emphasis on core strength to improve general fitness and wellbeing.</p> <p>Pilates can improve posture, muscle tone, balance and joint mobility as well as relieve stress and tension. Pilates has something to offer people of all ages and levels of ability and fitness</p> <p>Karren has been teaching fitness classes for 22 years and specialising in Pilates for the last 12.</p>	<p>Karren 07595 524124</p> <p>Bodycisefitness.co.uk</p>

Thursday	Activity	Contact
11.15-12.15	<p>ATOMIC DANCE</p> <p>Little Stars Mini Mix</p> <p>11.15am-12.15pm - Ages 2-4</p> <p>1 hour of dance and gymnastics fun for your little one! Using props, music and equipment, watch your child discover their love for dance whilst improving in coordination, strength and confidence.</p> <p>£6 per week paid termly - Fully booked, join our waiting list for possible additional classes...</p>	<p>Contact Ellie Rowe 07392 348155 or ellie@atomicdance.co.uk</p>
16.00-17.45	<p>ATOMIC DANCE</p> <p>Little Stars Ballet and Musical Theatre (combined class)</p> <p>4pm-4.45pm</p> <p>A 45 minute class exploring IDTA ballet and Musical Theatre for dancers aged 2-5. Dancers skip, gallop and twirl through the foundation's good dance technique alongside developing imagination and confidence</p> <p>£14.50 per month</p> <p>Junior Combo</p> <p>4.45pm-5.45pm</p> <p>A class exploring a combination of dance styles for students aged 5+ that want to do it all! Ballet, Jazz, Street, Lyrical, Acro-gymnastics and Musical Theatre to name a few... Students will get to try a variety of styles whilst improving their dance technique, strength and flexibility.</p>	<p>Contact Ellie Rowe 07392 348155 or ellie@atomicdance.co.uk</p>

Friday	Activity	Contact
10.00-11.00	Tai Chi - All Classes are for beginners but are suitable for anyone. Classes have a maximum of 10 Students to ensure social distancing and are COVID Compliant. First class is free, so no reason not to find if Tai Chi is right for "you"	Peter Fletcher 07487 685679

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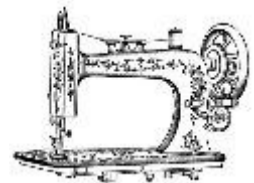
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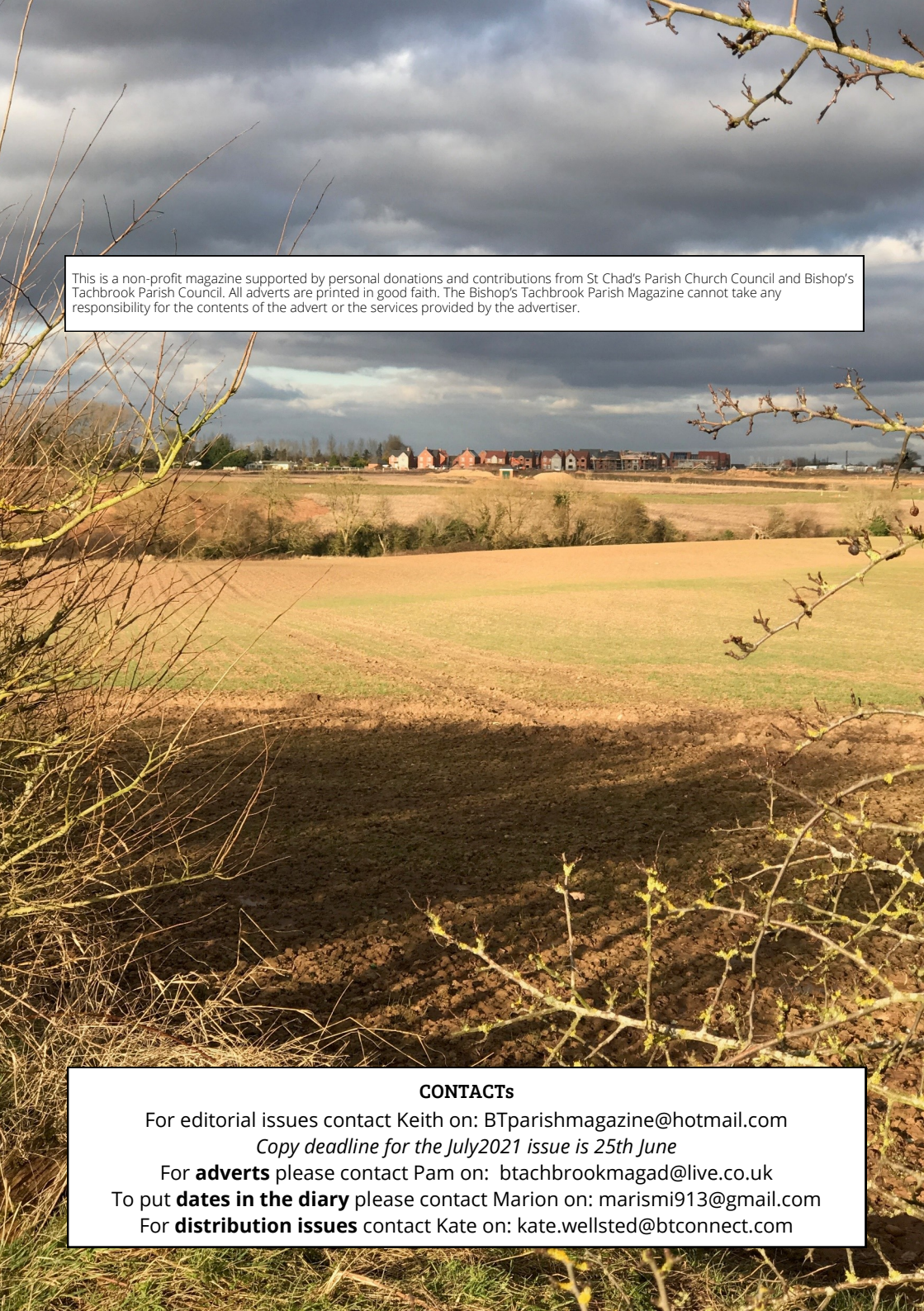
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