

PARISH MAGAZINE ONLINE

St Chad's



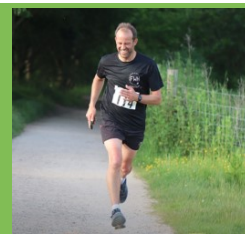
Issue 8 November 2021

www.bishopstachbrook.com

Your magazine featuring news and views from within
Bishop's Tachbrook Parish.

What's in this month's magazine

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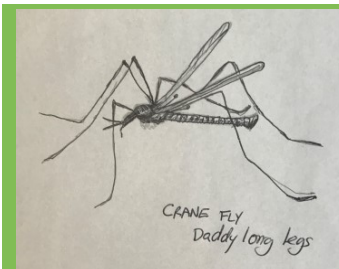
Welcome to our new vicar

An introduction from Revd. Jonathan Smith.



Parish Council News

Your up to date guide to actions being taken on your behalf by the Parish Council



Nature Page

From Crane Flies to Blackbirds a lovely stroll through our countryside.



TRACC

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Recipes

A great recipe for roast parsnip soup—a winter warmer.



WI

With news of the joys of face to face meetings and conversations with the big boss



Poetry please

With Armistice Day approaching there's a moving selection of poems from WW1



Heathcote Primary School

A school dog makes an appearance and there's a school parliament. Let's hope their MPs are more polite than ours



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Finding your 'Wonder' space

By Revd. Jonathan Smith

**Greetings from your new vicar
Jonathan Smith!**



Hello everyone in BT and beyond. Having recently moved into the village as the new priest-in-charge at St Chads I was licensed this month at a special service. I have already enjoyed walking and exploring this beautiful Warwickshire village and area and I love its historic buildings, trees and green spaces which never fail to make me wonder about this amazing creation we have to live in. For me, God is *all over* creation and it fills me with complete awe at what's been given.

I'll admit my inner child expresses itself running through an open playing field or on a muddy dog walk and we do plenty of this as a family.



These very human experiences are great on their own, but when we are able to share life with others it's even more special, unexpected joys occur, warm glows of belonging to family and friends grounds us in our place. This sense of belonging is fuel for living and provides deep satisfaction and fulfilment for our lives. If living is about time and space then thriving is about relationship and place.

St Augustine, one of the Christian Churches most celebrated Fathers of the faith who lived around 800 years before St Chads was built, has famously tried to explain the Trinity as a completely fulfilled relationship in which God is the Father, God is the Son and God is also the Spirit. His description encapsulates elements of joy, belonging and fulfilment - everywhere - *all the time*! It's funny how a bit of Warwickshire air and the

wonder of creation sets my theological mind running.

On my parish circuits so far, I've enjoyed having first introductions with parishioners usually with Daisy dog at side. Behind our conversations in the centre of the village sits the impressive structure of St Chads built by genius craftsmen centuries ago and I love the sunny aspect. And yet, for some it might represent a daunting place where entry means big prayers and perfect, sorted, 'holier than thou' living. So actually, it may surprise you to the contrary that our faith tells us that there are no conditions to come into God's space and presence. He promises to be the faithful and loving one who will find and comfort us whoever and wherever we are.

Which of your favourite life spaces inspires creative thought and helps you appreciate your life and relationships? A place in these

disruptive and confusing times helps us see what's most important about living. It could be in the favourite chair at home? It could be the morning shower, the muddy walk or in our cars driving to work? It could even be spending time with others in a church community?

If you've never set foot in church before (*or just happen not to have been for a while*), and covid willing, we'd love to invite you to come and spend some time with St Chads family this year as we hope to put on some creative events and reinstate services after the pandemic. Whether you've been in the village 80 years or, like us 20 minutes, come, explore, and wonder at life. Discover a surprising element of joy in our far from perfect, yet committed and faithful community!

Hopefully see you there soon.

Jonathan Smith



Hello from the Smith Family and we look forward to meeting you out in the Parish of Bishop's Tachbrook.



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Poetry Please

Prayer

Carol Ann Duffy

Some days, although we cannot pray, a
prayer
utters itself. So, a woman will lift
her head from the sieve of her hands and
stare
at the minims sung by a tree, a sudden
gift.

Some nights, although we are faithless,
the truth
enters our hearts, that small familiar
pain;
then a man will stand stock-still, hearing
his youth
in the distant Latin chanting of a train.

Pray for us now. Grade 1 piano scales
console the lodger looking out across
a Midlands town. Then dusk, and
someone calls
a child's name as though they named
their loss.

Darkness outside. Inside, the radio's
prayer -
Rockall. Malin. Dogger. Finisterre.

CONTACT DETAILS

For Marriages, Baptisms and Funerals
and general enquiries please :

e-mail stchadsbt@gmail.com

Phone: **07999127260**

Our Church Warden: Rod Smith can be
reached on 612242

Poetry please

The Dancers

Edith Sitwell (1916)

The floors are slippery with blood:
The world gyrates too. God is good
That while his wind blows out the light
For those who hourly die for us –
We still can dance, each night.

The music has grown numb with death –
But we will suck their dying breath,
The whispered name they breathed to
chance,
To swell our music, make it loud
That we may dance, – may dance.

We are the dull blind carrion-fly
That dance and batten. Though God die
Mad from the horror of the light –
The light is mad, too, flecked with blood,
We dance, we dance, each night.

CYCLE OF PRAYER

Praying for our Community

In November we are praying for those
living in:

Seven Acre Close
Shylock Grove
St Chad's Road
Tandy Gardens
Taylor Way
The Lees

If there is something or someone you
would like us to pray for please let a
member of the congregation know.



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Parish Council News

By Matt Greene

One of the more trivial downsides of the pandemic has been a reduction in the number of community social events. Whilst this pales into insignificance when compared to the malicious impact of Covid that still blights our society, there is something to be said for getting neighbours in a room to share a sense of community. I was very privileged to be invited to such an event for the Licencing service for our new Vicar at St. Chad's Church - Rev. Jonathan Smith.

It was wonderful to see so many from the community turn-out to welcome Jonathan and his family and it is very exciting to have them within our Parish. The whole Parish Council wishes them every success!

At our last Parish Council meeting Cllrs. Wellsted and Bullen were formally congratulated in the successful Neighbourhood Plan referendum. A significant amount of dedication and hard work went into achieving this great result for the parish. Our plan has now been adopted by the District Council.

Residents may have seen the comments attributed in local media to County Cllr. Jeff Morgan (not of this Parish) who has portfolio responsibility for delivering the school stating...

"There are one or two challenges associated with this. The site is far from perfect - it is a sloping site so it will take some cost to flatten it for play areas and sports pitches and there is a request in from Warwick District Council for community use but this uplift will only go ahead if we get external funding because our responsibility is to build the school for the places." (Source: Warwickshireworld.com)

The Parish Council expressed their concern at these comments given we consider community access of the school to be a non-negotiable element of the planning permission that was granted in 2019. We have since been in discussion with District Cllr. Andrew Day and County Cllr. Jan Matecki to seek reassurance over this matter. This has been given in both their responses; however, we are also still discussing this matter with our legal advisors. We will keep residents updated.

Repairs have recently been carried out to the play equipment - graffiti was removed from slide and the handle was fixed. We are still waiting for a replacement zip wire seat and a xylophone beater from the manufacturer.

The two old style bins outside the play area are going to be removed. The District Council is adamant that these

bins do not appear on their schedule and will not be emptied unless the Parish pays for this service. We are currently identifying areas of overgrown vegetation and will be arranging for a local contractor to tidy up.

We would like to thank a local company who filled the potholes on the Sports and Social Club driveway free of charge. We are very grateful.

The District Council has approved a grant to cover the cost of the historically incorrect precept payment but alas we haven't received the funding yet; our clerk is continuing to chase remittance of the funds.

The Parish Council has been told that parts of the Fosse Way will be closed in November to accommodate works to facilitate HS2. We have requested more detailed information and once received we will communicate via social media and our website. There is a County Council Highways Verge Maintenance Policy Consultation which is suggesting rewilding highway verges. We will be looking at this policy in detail. We are also looking at rewilding parts of Parish Council land as part of our climate change initiative.

The planning application for the Country Park should be available for public consultation shortly. When we receive notification we will let residents know via social media and our website.

Councillors were pleased to hear that the fireworks (but no bonfire) will go ahead this year. Thanks to the Events Group who manage this.

As Covid cases rise out there please remember to do regular tests to ensure you're not spreading the virus without knowing it. After last Christmas we're sure everyone will want a more normal festive season, with the opportunity to spend time with friends and family. While we can't fully protect ourselves from catching the virus we can all play our part in trying to limit the chance of passing it on.

Our next meeting is on Thursday 11 November at 7.30pm at St. Chad's Centre. All residents are welcome to attend.

TRACC time

With COP26 taking place we thought a guide to some of the terms might be

1.5 degrees

The planet's temperature is getting warmer. Scientists say that we need to stop the rise from getting over 1.5 degrees Celsius in order to avoid the worst impacts of climate change.

It is compared to pre-industrial times, which means before the industrial revolution, which was a period of technological advancement that saw the beginning of large scale carbon emissions by humans.

The average global temperature has already gone up by about 1 degree Celsius.



Carbon footprint

This refers to the amount of carbon emitted over a certain period of time, for example, your carbon footprint is bigger if you drive somewhere, than if you walk.

Individuals and groups of people such as companies can have carbon footprints. Products can also have a footprint, which refers to how much carbon is emitted when they are made.

Carbon neutral

If something is carbon neutral, it means that the amount of carbon dioxide (CO₂) it releases into the atmosphere is the same amount as it takes out. Carbon dioxide (CO₂) is a major cause of climate change.

Climate change

Climate means patterns of weather over a long period of time. For example, the climate in the UK sees us getting mild and wet winters, and warm and dry summers.

Climate change means these patterns start to look different, and we can start to see extreme weather patterns emerging that we're not used to, such as heatwaves or long periods of heavy rain.

COP

This stands for Conference Of the Parties. It's the name of the annual climate change negotiations organised by the United Nations (UN). The meeting in Glasgow is the 26th time this has happened, so it is known as COP26.

Emissions

Emissions are any releases of gases that contribute to global warming, such as CO₂.

They can be smaller individual emissions such as from car engines, or they can be larger, such as those from coal-burning power stations.

Feedback loop

In a feedback loop, the rising temperatures of Earth change the environment in ways that affect how quickly the planet gets warmer.

Sometimes these changes make the temperatures rise faster, and this is called a

positive feedback loop.

An example of this is the sea-ice in the Arctic. The big white ice spaces in this part of the world currently reflect the Sun's rays away, but when they melt and the surface colour becomes a darker blue or green, the Sun's rays start to get absorbed.

In short, less sea ice means more warming, which means more ice melts.

Geo-engineering

This is any technology that can help in the fight against climate change. Some people think that geo-engineering will be crucial in tackling climate change, but others believe that changing behaviours (like taking fewer flights) will be far more important.

Global warming

The rise in the planet's average temperature. Scientists say that humans are the main cause of this happening.

Greenhouse gases

Greenhouse gases are the gases that are responsible for global warming. The main ones are carbon dioxide, methane, nitrous oxide and CFCs (chlorofluorocarbons).

IPCC

This stands for the Intergovernmental Panel on Climate Change. It's a group that was set up by the United Nations and World Meteorological Organisation. Its role is to analyse scientific research on climate change.

Net zero

Net zero is the name given to the point at which a country is taking as much of these climate-changing gases out of the atmosphere as it is putting into the atmosphere - so overall, the total is zero.

This means that any emissions produced by homes, transport, farming and industry have to be reduced or balanced out by removing the same amount from the atmosphere. This usually occurs through planting trees, which absorb carbon in their wood, or by using technology to suck carbon dioxide out of the atmosphere.

The UK government has announced a target of achieving net zero by 2050.

Renewable energy

Energy from a source that isn't depleted when it's used. Common examples of renewable energy are wind, solar (from the Sun) and water (hydro electricity).



Runaway climate change

Right now, scientists think we should be able to keep climate change under control, if we all make a number of changes.

However, there is a concern that if our climate keeps changing at its current rate, it will eventually reach a 'tipping point', after which it will be incredibly difficult to stop or reverse the effects of climate change.

In 2018, the IPCC said that global emissions must be reduced by 45% by 2030,



News from Heathcote Primary School

As I write this next piece for the parish magazine I cannot believe that it is already half term and when we return to school it will be November and a countdown to Christmas. Lots of exciting things have happened though since our last news and even more things are planned for the children's experiences when we return after the holidays.



Our open week went well and we loved seeing so many new faces and hearing the wonderful comments about how friendly and welcoming our school was. Scribbles our school dog enjoyed a visit by a vet who demonstrated to the children in an assembly how to check your animal to ensure they are fit and healthy. This was our way of sharing one of the many different careers the children can aspire to in the future. Scribbles loves being

fussed so for him being centre of attention was nothing new. Reverend Rob also led our Harvest festival and the children generously donated lots of food for the foodbank. We are always pleased that the children understand how important it is to help others. Our Year 4 children had a wonderful opportunity to visit the Heart of England Forest where they explored Maths in the forest, including measuring and estimating. They could then use free time to make their own creations using mathematical vocabulary. They built dens using acute angles and investigated the thickness of branches. Outdoor learning is at the heart of our curriculum and we are keen to ensure that all our children understand how the environment can enhance their learning. Our Year 1 enjoyed a trip to David Wilson's show home. They listened to a Halloween themed story telling session, where they came up with actions and learnt new, creative stories. We received some lovely feedback on the excellent behaviour of the children. We also welcomed a new addition to our Heathcote family. Mr Harwood (Year 6 teacher) is a dad. Sophia Ivy

was born on the 11th October 2021. Wonderful news.



We also have a new initiative in school and launched our school parliament this term. We held elections and the classes voted. We have a strong team and in their first meeting they discussed the roles they will undertake as leaders in the school. Each MP has been allocated a key role in assisting leadership within our school. These roles range from Eco Warriors, Phonics and Early

Reading to Safeguarding and STEM (Science, Technology, Engineering and Maths). They will have a chance to observe lessons, audit our environment and speak with their peers about how they experience certain aspects of school life. The children started their duties with a school tour. They walked through corridors and classrooms discussing what they liked about our school and possible improvements. The children loved our displays and seeing other children's work, they voiced that they would like more hoops for the playground and some benches on the grassy areas as just a start. They will even join governing body meetings sometimes to ensure that they are right at the heart of leadership.



We have lots to look forward in the second half of the Autumn term; Diwali workshops, Remembrance day, anti-bullying week, Christmas plays, lots of singing, gardening, artwork and much much more. We cannot wait.

'Our children are the rock on which our future will be built, our greatest asset as a nation' Nelson Mandela

Mrs Humphriss – Executive Head Teacher.

WI

By Anne Allen

At long last Bishops Tachbrook WI was able to meet in person. October is our annual meeting when the committee and officers are elected. I was hoping for a move round of jobs but everyone was so desperate not to have the job, they re-elected me President again. Many thanks to everyone for their votes of confidence. I retained the silverware.

We would normally enjoy a ploughman's supper but due to the present problems it was felt we should bring our own supper and glass or mug and the WI waitresses would bring you a drink. Have you ever seen anyone decanting cider from a large bottle to a small water bottle. Needless to say she was successful. I finished the evening with a quiz_courtesy of the Sunday Telegraph.

Events are starting to be organised. I enjoyed a zoom with retired WI National Chairman, Lynne Stubbings. Having known Lynne for more years than I care to remember it was great to hear her rise through the ranks to Big Boss, as my granddaughter refers to her. We also enjoyed a talk about Women in Magistracy. I bet you didn't know that on Christmas Eve 1919 the first seven women magistrates were appointed. A couple of us attended

one of the first county open meetings. For me it was great to see so many old faces or should I say faces I've known a long time.

Other events include Indian Block Printing, Climate Change, what is being done locally, a handmade Christmas workshop, cyber safety at Christmas, a visit to Worcester Christmas Market, Christmas flower arranging, poetry morning, book club, making sense of coercive control, Titanic, honour and glory. Some of these are on zoom and some are events. I think quite a few of us will be looking forward to next March when the federation is hosting an afternoon with Anton Du Beke. Granddaughter has already decided I'm going because she wants a photo of him.

In the village we are looking forward to a different Christmas party. Unfortunately we are having to say no to guests. This year we are asking members to bring their own party food to stop any congestion around the buffet. Everyone has been asked to try and find a party piece. I've got my fingers crossed for this.

Our knitting group held its first meeting in the Leopard. Nine of us turned up which was wonderful. A big welcome to Audrey and Kim. I hope

you weren't too overwhelmed by all the chatter going on. As a friend of mine says "Oh you've been to clack alley then" Our next meeting is Tuesday 9th November at 7:00pm. Looking forward to seeing you there.

Our November meeting on Thursday 4th will be another clack alley night. We are going to be making Rag Wreaths and I envisage plenty of chat. I've asked people to bring ready cut fabric 2:5-3:00cm X 12cm, cotton

preferably and cut on the bias. The frames will be available. I've been cutting up husbands old shirts to use.

Christmas is coming, don't forget to keep your used postage stamps which I recycle for ACWW a charity helping women in underdeveloped countries.

If I can be any further help with any of the above do please give me a call.

Anne Allen



Poetry please

The Soldier

Rubert Brooke

If I should die, think only this of me:
That there's some corner of a
foreign field
That is for ever England. There
shall be
In that rich earth a richer dust
concealed;
A dust whom England bore,
shaped, made aware,
Gave, once, her flowers to love,
her ways to roam,
A body of England's, breathing
English air,
Washed by the rivers, blest by
suns of home.

And think, this heart, all evil shed
away,
A pulse in the eternal mind, no
less
Gives somewhere back the
thoughts by England given;
Her sights and sounds; dreams
happy as her day;
And laughter, learnt of friends;
and gentleness,
In hearts at peace, under an English
heaven.

Poetry please

1914

Wilfred Owen

War broke: and now the Winter of the
world
With perishing great darkness closes in.
The foul tornado, centred at Berlin,
Is over all the width of Europe whirled,
Rending the sails of progress. Rent or
furled
Are all Art's ensigns. Verse wails. Now
begin
Famines of thought and feeling. Love's
wine's thin.
The grain of human Autumn rots, down-
hurled.

For after Spring had bloomed in early
Greece,
And Summer blazed her glory out with
Rome,
An Autumn softly fell, a harvest home,
A slow grand age, and rich with all
increase.
But now, for us, wild Winter, and the
need
Of sowings for new Spring, and blood for
seed.

*After suffering from shell shock,
something that only officers were allowed
to have, Wilfred Owen returned to the
front in September 1918 winning the
Military Cross. He was killed one week
before the war ended.*

Nature Page

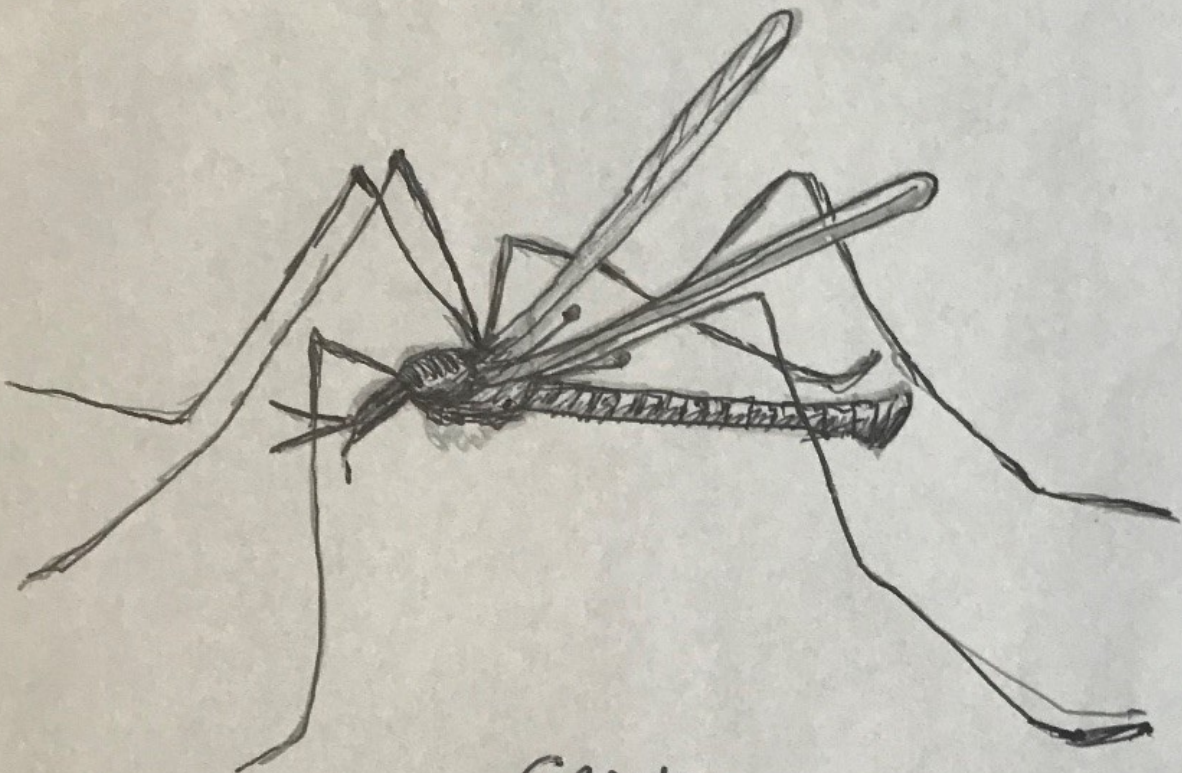
By Steve Harvey

Well, most of the Butterflies are almost gone. Spring always seems to drag its flowery feet whereas Autumn stomps in without hesitation. So far this year its been a pleasant mild affair. Chilly evenings and misty mornings set the scene; its time for Spiders and Daddy-long-legs. Many a comment has passed by me, "I'm sure there's more this year!", "I've never seen so many!". Meanwhile Daddy-long-legs (Crane flies) have just a short time to find each other, mate and lay eggs. Spiders and even empty old webs lay in wait. Within a couple of weeks they are gone and no one

mentions them again.

It's only as I scribble this that I've heard the first Redwings, seem a bit later this year. Maybe Scandinavia is having a mild Autumn too so there was no rush to cross the North Sea.

Twice this month (October as I scribble) I've heard a Blackbird singing. Usually Feb-March to start with then on through Spring. Maybe a youngster finding its voice in the mild weather. The young male Blackbirds apparently start before the older males, but not this early.



CRANE FLY
Daddy long legs

Hedgehogs still arrive, brought here by the brilliant rescuers. I think we have up to thirty-three Hedgehogs now, give or take the odd Hog. I do know we lost at least two, one of them on the road, which is always sad, but bound to happen at some point. No idea what happened to the blind Hedgehog. I'm hoping its making a go of it somewhere nearby.

I was doing my annual clear out of the wood store. The mess is unbelievable. I'll never learn! I got to the corner and found what looked like a small pile of debris. I bent down to pick it up soon to be surprised by sharp spines in the fingers. A Hedgehog - was it dead or

hibernating? A bit early for the latter. I shone a light at it and just occasionally it took a shallow breath. It was alive. Brilliant! I got my gloves and carried it up to a Hedgehog box full of dry leaves. The wood store is far too frequently disturbed a place to settle.

I now think we may have a resident Hedgehog in one of the boxes and a couple of wanderers in the garden. The others have disappeared.

The Foxes aren't coming our way at the moment although I did hear one in the night doing the five short barks routine. Contact is being made in readiness for wider mating.



Spicy Roasted Parsnip Soup

Perfect for bonfire night, this is a simple soup recipe.

Ingredients

2 tbsp. olive oil
1 tsp coriander seeds
1 tsp cumin seeds, plus extra to garnish
½ tsp ground turmeric
½ tsp mustard seeds
1 large onion, peeled and cut into 8 chunks
2 garlic cloves
675g parsnips, diced
2 large tomatoes, quartered
1.2l vegetable stock
1 tbsp. lemon juice

Instructions

1. Heat oven to 220C, fan 200C, gas7
2. In a big bowl, mix together oil and spices.
3. Add vegetables and mix well.
4. Spread over baking sheet and roast for 30 minutes until tender.
5. Spoon into food processor or blender with half the stock and process until smooth.
6. Pour into saucepan with remaining stock, then heat until barely simmering.
7. Remove from heat and stir in lemon juice.
8. Garnish with cumin seeds.

*If you have a recipe you want to share please send it into the magazine on:
btparishmagazine@hotmail.com. We'd prefer recipes that use seasonal ingredients. Please give us any details of where you picked the recipe up.*

Growing tips

By greenfingers

November is the month when growth in the vegetable garden finally grinds to a halt. Temperatures fall and daylight levels decrease, the season is over and other than harvesting any remaining crops there is very little plant tending to be done.

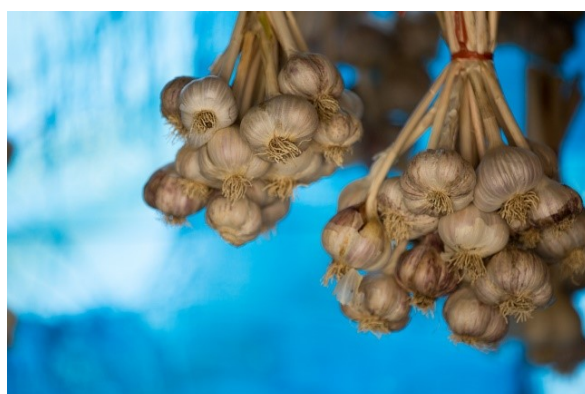


November is more about storing any remaining crops and preparing the garden for next season by feeding and covering the soil. I rather like the expression 'putting the garden to bed' as in reality that's exactly what you should be doing – adding a blanket of compost or manure mulch and covering to protect from the inevitable rain.

Some crops can be left in the ground over the Winter like kale, brussels sprouts, sprouting broccoli etc.... but I prefer to harvest any root crops to make sure they don't either rot in the ground or become meals for any birds, animals, insects or slugs that may have their eye on them.

If you have any overwintering brassica crops like kale, sprouts or sprouting broccoli keep them healthy by removing any yellowing or dead leaves. Dead leaves can encourage disease if left lying around but removing them also increases airflow around the stems which helps keep problems at bay. If you're growing tall brassicas like sprouts and broccoli it is useful to stake them at this stage to prevent them rocking and eventually falling over in the Winter winds. Hammer a stake beside the plant and tie with gardening twine. Kale is a very hardy plant and will survive even the coldest of Winters. Pick the leaves around the stem of the plant rather than the smaller leaves at the growing tip. Kale will keep growing upwards as you remove the lower leaves resembling an odd little palm tree shape by Spring, if you remove the growing tip the plant will stop growing.

If you missed sowing garlic in October you can still put it in at the beginning of November before any hard frost arrives.



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Bishops Tachbrook Sports & Social Club Entertainments

November

5th November (Fri) – Bonfire Night.

Bonfire Night on the meadow with fireworks, fair rides, food stalls and a Disco in the club.

6th November (Sat) – Family Bingo.

Great prizes for one and all to be won at our Family Bingo Eyes down at 7.30pm for a fun family night out.

13th November (Sat) – Decadia.

Decadia are a 1980's Covers Band passionate about the music they play and aim to faithfully recreate the sound of the original artists, a night that everyone will remember.

20th November (Sat) – Christmas Quiz.

Pit your wits against the Judge and his festive Quiz, How much do you know about Christmas? Prizes for every team.

21st November (Sun) – Christmas Bazaar.

It will soon be Christmas, come on round to get some unusual gifts for your loved ones, enjoy some mulled wine and a mince pie or visit Santa who has special guests Elsa and Olaf dropping in to see us.

Function Room Available To Hire (T's & C's apply)

Bishops Tachbrook Sports & Social Club Function room is available for all sorts of activities :-

Dance Classes, Keep Fit, Martial Arts, Band Practice, Group Meetings, Car and Motorcycle Clubs, Children's Clubs. Parties, Christenings, Weddings and Funerals.

We offer a personal service and buffets can be provided if required.

Contact Us



www.bishopstachbrookclub.co.uk



01926 421621/07855709051



enquiries@bishopstachbrookclub.co.uk



bishopstachbrookclub

St Chad's Centre Schedule

Monday	Activity	Contact
10.00-12.00	Tai Chi – All Classes are for beginners but are suitable for anyone. Classes have a maximum of 10 Students to ensure social distancing and are COVID Compliant. First class is free, so no reason not to find if Tai Chi is right for “you”	Peter Fletcher 07487 685679
12.30-14.30	Tachbrook Tinies- We are a friendly playgroup for children aged 0-4 years and their carers. Hot drinks and snacks, toys, craft activities and singing. All welcome. Term time only.	Contact on Facebook
16.30-17.45	Martial Arts Class. Children/Beginners up to age 11	Andy Shaw – andy@linkcube.co.uk
17.45-19.00	Martial Arts Class. Over 12 years and adults	Andy Shaw – andy@linkcube.co.uk

Tuesday	Activity	Contact
9.15-12.30	<p>ADVENTURE BABIES</p> <p>Take your little ones on a Sensory Story-telling Adventure every Tuesday at St Chad's Centre, as we bring brilliant books to life with puppets, props, bubbles and sensory activities.</p> <p>Mini Adventurers (0-18 months) 9.15am - 10.00am</p> <p>Diddy Adventurers (0-12 months) 10.30am - 11.15am</p> <p>Mini Adventurers (0-18 months) 11.45am - 12.30am</p> <p>Booking essential please visit www.adventurebabies.co.uk/warwickshireandcoventry to secure your place or contact lindsey@adventurebabies.co.uk</p>	<p>lindsey@adventurebabies.co.uk</p> <p>or visit:</p> <p>www.adventurebabies.co.uk/warwickshireandcoventry</p>
16.45-18.30	<p>ATOMIC DANCE</p> <p>Acrobatic Arts 1</p> <p>4.30pm-5.15pm - Ages 5+</p> <p>Learn the foundations of dance technique and acro movement. In this beginner class, students will develop skills such as forwards and backward rolls, cartwheels and bridges in a fun, friendly environment.</p> <p>£18 per month.</p> <p>Acrobatic Arts 2</p> <p>5.20pm-6.20pm - Ages 7+</p> <p>A more challenging acro class for children who have previous acro or dance experience. Learn how to safely execute skills such as handstands, backbends and walkovers alongside improving dance technique.</p> <p>£21.50 per month</p>	<p>Contact Ellie Rowe 07392 348155 or ellie@atomicdance.co.uk</p>
19.00-20.00	<p>YOGA with Amanda</p> <p>Supporting Health & Wellbeing</p> <p>Yoga classes with Amanda</p> <p>Specialising in yoga for beginners. Sedentary workers, and mums.</p> <p>£5.00 per person</p> <p>Classes are limited to 11 people</p> <p>Please bring your own mat / block</p> <p>I ask that attendees wear masks when not on their mat.</p>	<p>www.lifewithamandaj.com</p>

Wednesday	Activity	Contact
10.00-11.00	Tai Chi - All Classes are for beginners but are suitable for anyone. Classes have a maximum of 10 Students to ensure social distancing and are COVID Compliant. First class is free, so no reason not to find if Tai Chi is right for "you"	Peter Fletcher 07487 685679
18.00-19.00	YOGA CLASS with Amanda Supporting Health & Wellbeing Specialising in yoga for beginners. Sedentary workers, and mums. £5.00 per person Classes are limited to 11 people Please bring your own mat / block I ask that attendees wear masks when not on their mat.	www.lifewithamandaj.com
19.30-21.00	The Big Sing DO YOU LOVE SINGING? We need YOUR voice! Warwick's BIG Sing would love to welcome you. We meet weekly at St Chad's Centre on Wednesdays from 7.30-9pm . Come and get singing with us! Open to everyone - just give singing a try!	Sign up for a FREE session in www.big-sing.com/join-us They can't wait to meet you !

Thursday	Activity	Contact
13.20-14.00	<p>Glo-Babies</p> <p>Glo-Babies will be at St Chad's Centre Bishops Tachbrook from Thursday 30th September 1.20-2pm.</p> <p>Glo-Babies offer weekly musical sessions for 0-3 year olds in low level lighting with illuminated props and instruments.</p> <p>Term time only</p>	<p>For further information visit the website at www.glo-babies.co.uk and to book a space follow the link at Bookwhen.com/glo-babies</p>
16.00-17.45	<p>ATOMIC DANCE Little Stars Ballet and Musical Theatre (combined class)</p> <p>4pm-4.45pm A 45 minute class exploring IDTA ballet and Musical Theatre for dancers aged 2-5. Dancers skip, gallop and twirl through the foundation's good dance technique alongside developing imagination and confidence</p> <p>£14.50 per month</p> <p>Junior Combo</p> <p>4.45pm-5.45pm A class exploring a combination of dance styles for students aged 5+ that want to do it all! Ballet, Jazz, Street, Lyrical, Acro-gymnastics and Musical Theatre to name a few... Students will get to try a variety of styles whilst improving their dance technique, strength and flexibility.</p> <p>£21.50 per month</p>	<p>Contact Ellie Rowe 07392 348155 or ellie@atomicdance.co.uk</p>

Friday	Activity	Contact
10.00-11.00	Tai Chi - All Classes are for beginners but are suitable for anyone. Classes have a maximum of 10 Students to ensure social distancing and are COVID Compliant. First class is free, so no reason not to find if Tai Chi is right for "you"	Peter Fletcher 07487 685679

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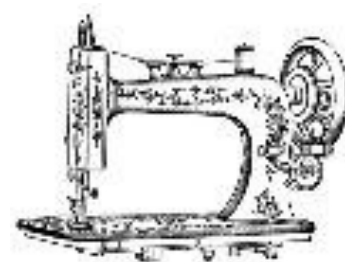
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