

PARISH MAGAZINE

Issue 2 March 2022

www.bishopstachbrook.com

Your magazine featuring news and views from Bishop's Tachbrook Parish.



What's in this month's magazine

Hello and thanks for accessing the magazine online. We know lots of readers would prefer a paper copy but the cost and effort involved in producing and distributing it is prohibitive. But we will be doing three paper copies a year in future to try and cater for the needs of more residents.

This month the electronic version follows a new format that simulates more closely the experience of reading a paper copy. I hope you like it, send any feedback to me on btparishmagazine@hotmail.com

If you want to know what's going on in the parish flick through to pages 15 - 22 here you'll find information from the History Group, St Chad's Centre, St Chad's Church and The Sports and Social Club.

Elsewhere there's an astonishing piece from TRACC (Tachbrook Residents for Action on Climate Change) on our local CO2 emissions and 12 ways you may be able to help reduce them. TRACC also contribute an article on the first piece of rewilding in the parish that entailed trying to create a wild flower boundary around The Meadow.

If you think you might be interested in Acupuncture there's an interesting piece from a resident undergoing training. She wants some volunteers to work with, but don't worry it doesn't involve needles, just talking.

There's a challenging piece from our new vicar Jonathan (how long do we keep calling him 'new'?) His piece concentrates on 'worry', causes, impacts and dealing with it.

Parish Council news is a must read for anyone interested in what's happening in the area. There's news on the controversy surrounding our planned new school, an update on progress with the Country Park plus spending proposals.

There's articles from the WI, Heathcote Primary School and our resident nature reporter. And, of course' there's poetry!

I hope you have an enjoyable read! If you want to contribute just send me your ideas btparishmagazine@hotmail.com. Church and other Parish Magazine contact details are on the last page.

Parish Council News

Matt Greene

After the stormy weather it's been nice to have a few brighter days; even when it's cold, there's something about the sunshine and evenings gradually drawing out that provides energy and optimism.

Towards the end of half-term it was my daughter's birthday, and as we sat eating cake in the warmth; my thoughts turned to how many children there must have been celebrating their 5th birthdays on the same day in Ukraine (c1650 I reckon) who would not have been so lucky. It showed me how fortunate we are to have been born where we were and to live where we do. It's so hard to contrast our day to day problems with the world that we sometimes see on our televisions; however, I believe we must try to be grateful that, generally, our burdens are (comparatively) light.

Having reported last month that the Parish Council had written to the leader of the County Council, I can confirm that we have had a response and that whilst they have not been able to provide us with any commitments or direct answers to the points raised, it is good to have commenced dialogue. The Parish Council has followed up on this response by requesting that I meet with the WCC leader to obtain further clarity on opening times and their intentions for the 2023 cohort of children who were hoping to start at the school. I'll keep you updated.

Further, I have concerns that progress is still being constrained due to the land transfer having been further delayed; should this continue there would clearly be a risk to the school opening even in 2024; I hope that all parties can work together to deliver this vital community asset and I shall be writing to all concerned with this in mind.

Cllr. Sean Deely is doing an excellent job representing the Parish Council's interests on both the country park and the school steering committees; it is hoped that the planning application for the country park will be submitted in the very near future.

Meanwhile, I've had introductory meetings and correspondence from several trusts considering applying to run the new school. This involves providing information

about the parish and the aspirations set out within the adopted Neighbourhood Plan; clearly though I also make clear that, whatever the history with locations etc., the Parish is united in wanting to see this school made a great success. I understand engagement evenings will be arranged so please keep an eye on the website, noticeboards (village and Warwick Gates) and Facebook for dates and times.

The rewilding of a stripe of land around the edge of the Meadow should have started. This is a joint project between Warwickshire Wildlife Trust, Severn Trent and the Parish Council assisted by the voluntary Working Party. This is an experiment which will be carefully monitored. Thanks to Cllrs. Martin Drew and Keith Wellsted for organising this.

We are looking for land suitable for planting trees. If you are aware of any suitable land in County or District ownership within the parish please do contact us. The small triangle near the walkway between Oakley Meadows and the Meadow has been suggested but we are waiting for a response from the Oakley Meadows Management Company as to whether this would be acceptable as they are due to maintain this land once legal documents have been finalised and signed.

Councillors would like to thank the allotment managers; Val and Tony for the wonderful work they do. As usual they have efficiently collected the rent and deposited it with the Parish Council. Recently they have been busy showing new allotment holders plots. On the Meadow allotments we now only have one person requiring an allotment. I'm sure this number will increase as we move through the year. We have also listened to their request to increase the number of days bonfires are permitted on the allotments in March. This year allotment holders will be permitted to have bonfires this year from Sunday, 20th March until Saturday, 26th March which will avoid Easter and Mother's Day (which is on the 27th - put it in your diary!!).

Ownership of Oakley Meadows allotments has moved forward slowly this month with the developer's solicitor starting to liaise with our solicitor. We are as frustrated as you are with the slow progress of this land transfer. We have nine residents waiting for these allotments.

Councillors have set the precept which means there should be no increase to the parish element of the precept for band D and below. There will be minimal increase to higher bands. Economically this year will be tough for many with high inflation and rising taxes; support is out there for those who need it so do check for eligibility.

As part of our budgeting exercise, the projects councillors identified for funding are: the car park by the play area and the resurfacing of the driveway. The tender document is slowly being put together and should be advertised on contract finders later this month.

Another project is the footpath to Oakley Wood. Working with consultants 3 options for this path have been identified. Councillors believe the most direct route around the edge of a field would be preferable and County Highways have confirmed that this would be close to the safest place to cross the Banbury Road. We now need to try and secure the land.

If the opportunity arises the Parish Council would like to purchase/obtain land in the centre of the village to assist with parking.

Cllr. Drew is determined that we match our green intentions with actions; to this end he is leading the project seeking to install some (aesthetically suitable) EV charging points along with some (small scale) solar panels on our storage building. Please do get in touch with Martin if you want to discuss anything environmental.

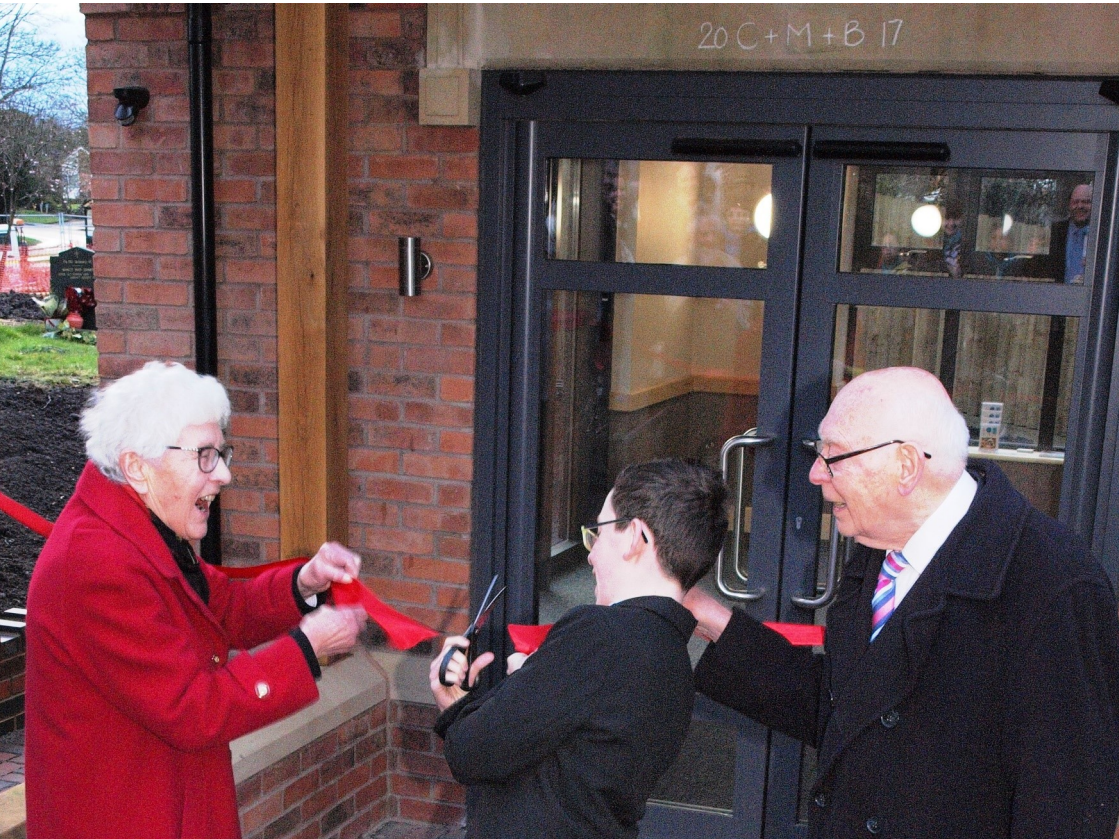
Traffic calming on Harbury Lane near Heathcote Primary School is also on our list but we are waiting to hear from our County Councillor (Jan Matecki) as to whether the County Council would be willing to fund this or provide part of the funding.

The above major projects have been taken from the neighbourhood plan consultation so if you can think of any others please do write to the clerk. There are many small improvements like picnic tables on the Meadow, new noticeboard on the BMX track, lighting on the footpath between Kingsley Court and the Meadow, liaising with management companies for noticeboards on the new developments, etc.

We continually remind our County and District Councillors that we would like safe cycleways to Myton School, along Harbury Lane and through the country park. I've also noticed that there's been another sewage overflow near the bridge on Oakley Wood Road - I will follow up with the water company - and I'd encourage any other residents who use this path to do the same.

Finally, another 5th Birthday - the St Chad's Centre will be 5 years old on the 5th of March. This has been a fantastic success for our community and continues to go from strength to strength. This is thanks to Kerrie (the centre's manager) and Chris Harrison and his board of trustees. The centre is really keen to recruit new trustees to get involved in running the centre. If you think you might be interested and would like more information, please contact Chris Harrison via stchadscentrebt@gmail.com. In the meantime - Happy birthday St. Chad's Centre!

Our next meeting is on Thursday, 10th March at 7.30pm in St. Chad's Centre. April's meeting is going to be rearranged because of Easter and the date will be confirmed in April's magazine.



A word from the vicar

Rev. Jonathan Smith

'He shall judge between many peoples, and shall arbitrate between strong nations far away' Micah 4 v 3

How are your worry levels? As you read this, there is a lot going on in our world just now. Just at a time when Covid statistics looked more hopeful, a meta-anxiety has spilled into our world. Our very existence and democratic values are under severe test, uncomfortably close to home with the terrible news of what is happening to the poor people of Eastern Europe. I guess like me, you may feel sad that the media now has a new mandate to film this awful spectacle of war and seeing the images and hearing the stories are just terrifying.



In my quiet times, I've been asking what it would take to unplug the world, wait for reset on all the world's problems before plugging back in again to the complete world peace between *all* nations again! That it seems may not

happen right now as we continue to witness these increasingly fragile moments and only time will tell what long term effects this will all have on our national wealth, health, and mental health. Closer to home, the potential effect on our young, old, and vulnerable people in our community is most worrying and where anxiety seeps corrosively into all our personal thoughts and relationships - it's the (already vulnerable) most at risk.

So, what do we do? Being told to convince ourselves, '*There's nothing to worry about*' has a hollow ring and won't bring comfort when we are witnessing real

and bad things. However, like parents who love our children dearly, we can reassure each other by the bigger picture that faith offers, telling them there are greater plans and purposes for why we are here. God ultimately tells us '*Not to worry*'. We shouldn't argue.

At times like these, (as through the ages) we look beyond our increasingly confused and struggling world leaders to the ancient and wise 'sages' who spoke more rational words to transcend time and space itself.

In the scripture used at the Remembrance Sunday service this year, the reading recalled the words of one of the great 'sages' - Micah. A prophet who stood calm in the face of many national storms and brought a comforting message of peace and truth to all his hearers. He spoke of a time when the anxiety of war would end and the world would be made perfect again. God gave him these words to say, and he was utterly convicted of the truth.

We may say, well ok for him, but how can we have that 'anxiety busting' confidence in the context of what is going on today? The answer is we can. God still speaks to us through Jesus, who he was and what he came to do, it's in the power of His cross means we can live in the bigger picture of Gods Kingdom. A Kingdom far larger than any political or geographical nation on earth that has ever and will ever exist. The might and power of Egypt and Rome (just for example) no longer stands but God's Kingdom still reigns and whose foundation is Jesus himself.

Understanding the truth of God's promises gives hope and changes the atmosphere of worry. Suddenly, thanksgiving breaks through to replace anxiety and we find an ability to reconcile our own part in this broken world, to enjoy healthy relationships with each other, as nations and with God once again.

I hope you will join us all at St Chad's as we offer the worries of the world to God in prayer, and on a personal note may the following verse *give renewed strength for the way ahead*.

'Don't worry about anything, instead pray about everything. Then you will experience Gods peace' Philippians 4 v 6-7

THE ST CHAD'S CENTRE, BISHOP'S TACHBROOK

The Chairman and Trustees of the St Chad's Centre, Mallory Road, are looking for someone local to join them as a Trustee. Since the Centre opened in 2017 it has grown into a thriving community facility, in use over 40 hours a week. We have contracts in place for cleaning and Centre Management to look after day-to-day activities and bookings.

As one of the trustees, your main responsibilities would be:

- Ensuring that the Centre operates safely and is kept in good working order;
- Agreeing policy on bookings including charging rates;
- Signing off budgets, plus the Annual Report and Accounts and monitoring monthly income and expenditure;
- Deciding remuneration policy for the Centre manager and cleaner plus any other external services that we may decide to contract for.
- Agreeing a programme of events and activities and supporting the Centre Manager in her successful development of the role of the Centre in the Community.
- All Trustees are jointly responsible for ensuring that the Centre meets its aims and purpose as a charity and acts in line with best charitable governance practice.

What are we looking for?

We are looking for someone with ideas and enthusiasm, who cares about the village enough to volunteer a few hours of their time each month to make sure that the St Chad's Centre remains a popular and successful community facility. Some prior knowledge or experience of working with a charity, using the St Chad's Centre or serving on a committee could be a help but is not essential. We welcome all enquiries.

Time Commitment: - Approximately 6-8hrs a month

Trustees meet once a month in the evening. In addition there is regular email contact between trustees to address issues that may arise.

Remuneration

Trustees are not paid but any expenses necessarily incurred in your work as a Trustee will be refunded.

If you think you might be interested and would like more information, please contact Chris Harrison via stchadscentrebt@gmail.com

A bit of needle

Studying to become an acupuncturist in Leamington Spa

CAN YOU HELP? VOLUNTEERS NEEDED FOR TRADITIONAL DIAGNOSIS CONSULTATION!

Who am I?

I am a student at the Acupuncture Academy in Leamington Spa. I've lived in Bishop's Tachbrook all my life, went to Bishop's Tachbrook School and Myton. I was made redundant in summer 2020 and had applied for an acupuncture course within a week of receiving the redundancy email.

My experience

I have been having acupuncture myself for just over ten years now. I started going for neck pain and migraines and also found it incredibly useful when I suffered a minor head injury and post-concussion syndrome. Acupuncture helps me feel better both physically and emotionally and I've come to really appreciate the rapport I have with my practitioner and the sense of being understood by her. It still seems like magic sometimes when I go to have treatment and come away feeling so much better!

On my course, I have found the academic and practical work challenging, but fascinating. My classmates include a midwife, an electrical engineer, an IT teacher, a mental health nurse and a former civil servant. We have 17 students in our group and all keep in touch between college weekends. The combination of online study and in-person practical lessons is brilliant, allowing us to study at our own pace, but have the support that we need from tutors and fellow students. We practice our pulse-taking skills on willing friends and family and have special pin cushions to hone our needling skills.

I think most people are surprised how much we have to learn about biomedicine and drug side effects. This knowledge is particularly vital given the length of time acupuncturists spend talking to patients – they may pick up on conditions that need referral to a GP, especially at a time when conventional health services are so stretched.

What is the training?

I am in my second year of a three-year degree level honours course at the Acupuncture Academy <https://www.theacupunctureacademy.org.uk/> in Leamington Spa. This course is fully accredited by the British Acupuncture Accreditation Board meaning it has achieved the highest educational standard for acupuncture in the UK and that graduates can join the British Acupuncture Council.

The course is designed to suit career changers and involves long practical weekends and online home study for theoretical subjects. Between class weekends we have online lessons in subjects such as research, biomedicine (covering every system of the body and subjects such as drug interactions), and Chinese Medicine Theory. In class we learn practical skills such as point location, rolling and burning moxa (Japanese herb), needling, physical examination and working on diagnostic skills and rapport. In first and second year we have to complete 80-100 clinical hours each year.

We also have to bring together all of our written pieces of work, evidence of practical skills (diaries) and reflections in a portfolio. My first-year portfolio was over five hundred pages long! In addition to this we complete regular assignments, create business plans and undertake a research project.

We have further written and practical exams this summer, then in third year we start to treat our first patients under supervision, gradually building up our own practice.

How you can help?

For my next two assignments I need volunteers for an acupuncture diagnostic consultation. This will take place at the Acupuncture Academy in Hamilton Terrace, Leamington Spa at a mutually convenient time. ***The consultation does not involve any treatment or needles.*** I will ask you questions about your current health, medical history and general wellbeing as well as undertaking a short physical examination and taking pulses. Any information you share will be written up and submitted to my tutor anonymously. The consultation will take around an hour and half and I will be happy to reimburse parking.

What will you get out of it?

Besides the rare opportunity to talk freely about your health and your life in an understanding and confidential setting, there will also the opportunity to follow up the diagnosis by coming for very reasonably priced treatments when I start my clinical year in October! I will be based in Leamington Spa just a short walk from the town centre.

What is acupuncture and where did it originate?

Acupuncture is a system of medicine that dates back over 2000 years and has evolved through research and practice. Treatment is based on a Chinese Medicine Diagnosis using a variety of methods including observation, pulse taking and palpation. Acupuncture works with the body, mind and spirit, considering the three to be interconnected, an outlook that has become increasingly current since Engel's biopsychosocial model first outlined in the 1970s and now accepted by the WHO (Wade and Halligan 2017).

It is an energetic healing modality and uses the insertion of fine needles to allow the body to heal and return to a state of balance. It is a complex intervention as defined by the MRC (Medical Research Council 2006) with treatments tailored to the individual, many different components as well as different skills and behaviours from the practitioner (lifestyle and diet advice, in-depth questioning, empathetic rapport, touch).

Leamington Spa has long been a centre of acupuncture training in the UK. The College of Traditional Acupuncture was opened by J.R.Worsley in the 1960s. Students from around the world came to Leamington to learn the Five Element model that he developed and refined over the next fifty years. Our principals founded the Acupuncture Academy to continue this tradition and to bring acupuncture training into the 21st century.

What are the benefits of acupuncture? What is it good for?

Acupuncture can be beneficial for many health conditions and for improving sleep, mood and general wellbeing.

In 2020 NICE recommended acupuncture for chronic primary pain and up to 10

acupuncture treatments for tension headache and migraine. There is also significant evidence is available for the treatment of conditions as diverse as chronic low back pain, allergic rhinitis, post-operative pain, knee osteoarthritis with further positive evidence for the treatment of IBS, asthma, anxiety, stroke recovery and menopausal hot flushes to name just a few.

Acupuncture can be particularly useful for treating patients with co-morbidities which mean they can't take certain pharmaceutical drugs or those who experience unacceptable side effects from drugs. It may help them to avoid or reduce the use of opioids (with the inherent risk of addiction) and steroids. Some patients seek acupuncture to manage the side effects of and support them through conventional treatment. It can also treat patients with complex and poorly understood conditions such as fibromyalgia, IBS, post-concussion syndrome, migraine and long Covid.

Acupuncture has always been a preventative form of medicine, aimed at helping patients BEFORE they get ill and supporting them in improving their outlook, lifestyle and physical and mental wellbeing. Patients may initially attend for back pain or headaches, but find that many aspects of their wellbeing improve as a result.

Where can I get acupuncture?

The Acupuncture Academy website has a list of Five Element practitioners registered with the British Acupuncture Council.

Acupuncture is available at a reduced cost (£20 per session) at the Community Clinic held at the Academy. Find out more here

<https://acupuncturecommunityclinic.co.uk/the-academy>

If you would like to know more or might be willing to volunteer for a diagnostic consultation, please email me at:

acupuncturestudent17@gmail.com

On TRACC

Dads' Army and the Land Girl - a wild encounter

Sunday 27th February was witness to a coming together of Dads' Army, otherwise known as the Parish Working Party, and the Land Girl, more properly known as Olivia Williams of Warwickshire Wildlife Trust. Our aim was to create wild flower areas around parts of The Meadow in order to increase biodiversity of flora and fauna.



Olivia scarified the ground and the working party then raked of the grass. We all then had a go at broadcasting the wildflower seed mixed in with sand to allow it to settle. The areas will be left without mowing until August so you should see some interesting plants appearing. In subsequent years the plants should develop even more.

We planted:

Corncockle

Corn Chamomile

Cornflower

Corn Marigold

Corn Poppy

All the above are annuals

Yarrow

Oxeye Daisy

Meadow Cranesbill

Rough Hawkbit

Birdsfoot Trefoil

Wild Carrot

Cowslip

Musk Mallow

Hoary Plantain

Small Scabious

Tufted Vetch

Yellow Rattle

Wild Foxglove

Field Scabious

Hedgerow Cranesbill

Garlic Mustard

Hedge Woundwort

Meadowsweet



What's on

History Group

We're happy to launch our 2022 programme on Tuesday 8th March. Do please join us at 2.30 in the St Chads Centre. Refreshments too.

Keith Cattell will speak on "A Brief History of the English House". Yes, a vast subject but we are promised examples from the earliest to the present day, with plenty of associated anecdotes.

And for your diary -- Tuesday 5th April, when Beat Kumin will be telling us about CHURCH ALES....an Intriguing topic!"

St Chad's Centre Schedule

Monday	Activity	Contact
12.30-14.30	Tachbrook Tinies We are a friendly playgroup for children aged 0-4 years and their carers. Hot drinks and snacks, toys, craft activities and singing. All welcome. Term time only.	Contact on facebook
16.30-17.45	Martial Arts Class. Children/Beginners up to age 11	Andy Shaw – andy@linkcube.co.uk
17.45-19.00	Martial Arts Class. Over 12 years and adults	Andy Shaw – andy@linkcube.co.uk

Tuesday	Activity	Contact
9.15-12.30	<p>ADVENTURE BABIES</p> <p>Take your little ones on a Sensory Story-telling Adventure every Tuesday at St Chad's Centre, as we bring brilliant books to life with puppets, props, bubbles and sensory activities.</p> <p>Mini Adventurers (0-18 months) 9.15am - 10.00am</p> <p>Diddy Adventurers (0-12 months) 10.30am - 11.15am</p> <p>Mini Adventurers (0-18 months) 11.45am - 12.30am</p> <p>Booking essential please visit www.adventurebabies.co.uk/warwickshireandcoventry to secure your place or contact lind-sey@adventurebabies.co.uk</p>	<p>lind-sey@adventurebabies.co.uk</p> <p>or visit:</p> <p>www.adventurebabies.co.uk/warwickshireandcoventry</p>

<p>16.45-18.30</p>	<p>ATOMIC DANCE Acrobatic Arts 1 4.30pm-5.15pm - Ages 5+ Learn the foundations of dance technique and acro movement. In this beginner class, students will develop skills such as forwards and backward rolls, cartwheels and bridges in a fun, friendly environment. £18 per month.</p> <p>Acrobatic Arts 2 5.20pm-6.20pm - Ages 7+ A more challenging acro class for children who have previous acro or dance experience. Learn how to safely execute skills such as handstands, backbends and walkovers alongside improving dance technique. £21.50 per month</p>	<p>Contact Ellie Rowe 07392 348155 or el-lie@atomicdance.co.uk</p>
<p>19.00-20.00</p>	<p>YOGA Supporting Health & Wellbeing Yoga classes with Amanda Specialising in yoga for beginners. Sedentary workers, and mums. £5.00 per person Classes are limited to 11 people Please bring your own mat / block I ask that attendees wear masks when not on their mat.</p>	<p>www.lifewithamandaj.com</p>

Wednesday	Activity	Contact
18.00-19.00	<p>YOGA CLASS</p> <p>Supporting Health & Wellbeing</p> <p>Yoga classes with Amanda</p> <p>Specialising in yoga for beginners. Sedentary workers, and mums.</p> <p>£5.00 per person</p> <p>Classes are limited to 11 people</p> <p>Please bring your own mat / block</p> <p>I ask that attendees wear masks when not on their mat.</p>	<p>www.lifewithamandaj.com</p>
19.30-21.30	<p>Salsa @ St Chads</p> <p>Learn and practice Salsa</p> <p>Cross Body / Cuban / Rueda</p> <p>Every Wednesday, New and experienced dancers welcome.</p> <p>New Dancers Come early. Rueda from 8.30</p>	<p>Enquiries – stchadssalsa@outlook.com</p>

Thursday	Activity	Contact
13.20-14.00	<p>Glo-Babies Glo-Babies will be at St Chad's Centre Bishops Tachbrook from Thursday 30th September 1.20-2pm.</p> <p>Glo-Babies offer weekly musical sessions for 0-3 year olds in low level lighting with illuminated props and instruments.</p> <p>Term time only</p>	<p>For further information visit the website at www.glo-babies.co.uk and to book a space follow the link at Bookwhen.com/glo-babies</p>
16.00-17.45	<p>ATOMIC DANCE Little Stars Ballet and Musical Theatre (combined class) 4pm-4.45pm</p> <p>A 45 minute class exploring IDTA ballet and Musical Theatre for dancers aged 2-5. Dancers skip, gallop and twirl through the foundation's good dance technique alongside developing imagination and confidence</p> <p>£14.50 per month</p> <p>Junior Combo 4.45pm-5.45pm A class exploring a combination of dance styles for students aged 5+ that want to do it all! Ballet, Jazz, Street, Lyrical, Acro-gymnastics and Musical Theatre to name a few... Students will get to try a variety of styles whilst improving their dance technique, strength and flexibility.</p> <p>£21.50 per month</p>	<p>Contact Ellie Rowe 07392 348155 or el-lie@atomicdance.co.uk</p>

Friday	Activity	Contact
10.00-12.00	Tai Chi - All Classes are for beginners but are suitable for anyone. Classes have a maximum of 10 Students to ensure social distancing and are COVID Compliant. First class is free, so no reason not to find if Tai Chi is right for "you"	Peter Fletcher 07487 685679

St Chad's Community Café

The Community Café will reopen on Thursday 3rd March. We will be serving drinks and cakes for you to enjoy.

The café will also welcome people on Thursday 17th and Thursday 31st March



If you would like to help out at the café for one or two weeks per month please contact Kate Wellsted on:

Chadstreasurer@outlook.com

Or ring 0771 3113484

MARCH

6th All Age Service

13th Communion (Sunday Club)

**20th Communion (Sunday Club)
*service followed by APCM**

**27th Mothering Sunday
Communion (Sunday Club)**

APRIL

3rd All Age Service

**10th Palm Sunday
Communion (Sunday Club)**

**15th Good Friday
Hour at the Cross**

16th Easter Crafts (10–12am)

**17th Easter Morning
Family Communion**

Bishops Tachbrook Sports & Social Club Entertainments

March

5th March – Family Bingo.

Get your Friends together grab your dabbers and join us for an evening of Family Bingo with fabulous prizes to be won.

Eyes down at 8.00pm for a fun family night out.

12th March – On Standby.

On Standby are a midlands band playing proper rock'n'roll tunes mainly from the 90's indie scene! Oasis/The Jam/Ocean Colour Scene/The Killers/ to name but a few.

Band starts at 9.00pm

19th March – Race Night.

Do you like Horse Racing and can pick a winner? Even if you can't why not come and join us for our night at the Races. A fun exciting family night out.

Under starters orders at 8.00pm

25th March (Friday Night) – Crime Seen.

A New Band to the Club playing Honest Rock n Roll and Blues music in our function room for your entertainment.

Band starts at 8.00pm

AGM

Bishops Tachbrook Sports & Social Club will be holding an **Annual General Meeting** for its Members on Friday 1st April at 8pm in the Function room if you are going to attend please ensure you are seated in good time.

Contact Us



www.bishopstachbrookclub.co.uk



01926 421621/07855709051



enquiries@bishopstachbrookclub.co.uk



bishopstachbrookclub

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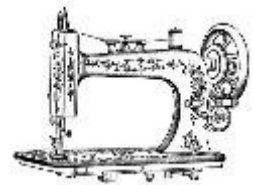
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News from Heathcote Primary School

Well our first term after Christmas has sped by but it has been full of lots of exciting things and times. We continue to promote positive thoughts and healthy minds. Every day we encourage the children to join in mindfulness sessions and our older children participate in Relax Kids learning how their brain controls their emotions and practising strategies to relax our bodies during stressful or anxious situations. Even Scribbles our school dog has got involved and when he is not helping someone in the school manage their emotions he is sharing his 'thought for the week' in our weekly newsletter. I particularly liked his latest message: 'Your dog thinks you are wonderful and you respond well to that. If you seek out what is best in people, you are more likely to receive the best back.'

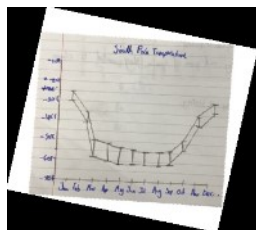


We are continuing to teach the children about society and cultures and promote healthy living through sport. Coventry City Football Club (Sky Blues in the Community) visit us to deliver a series of lessons called 'Premier League Primary Stars'. The programme aims to inspire children to take part in sport, get them active and develop important life skills such as team building. Part of their programme is to

teach the children that racism is wrong and how to be tolerant and welcoming to everyone. We love learning about different cultures and the children celebrated Chinese New Year in style with an excellent workshop where they did some dragon dancing, scared evil spirits away with their cymbals and told the story of the Chinese Zodiac through drama.

Talking of music Year 2 have been combining their musical knowledge of The Beatles and learning how to be sustainable using recycled materials. They had an excellent drumming workshop with Paul from 'Drum Runners.' He travelled up from Bristol with a van full of barrels and bicycle wheels. The children spent the day participating in lots of rhythm games and learning new songs. The children had made their own junk material musical instruments including creating a bottle glass orchestra in Science to investigate what happens to sound and pitch of noise.





We have also celebrated NSPCC Number Day 2022. It was brilliant seeing so many children dressed in/as numbers for the day. As part of their daily learning, the children took part in work which involved maths in all areas of the curriculum. Reception completed some matching tasks, building on their understanding of the value of different digits. Year 1 linked their maths with their science work, collecting information about the amount of

rain that had fallen and presented their findings in a bar graph! Year 2 played games that involved using number. Children were using dice, moving specific amounts of places and playing Uno! Year 3 used their English skills to write stories that involved numbers whilst Year 4 completed looking into natural disasters and finding the numbers which had been included in reports on the Khumbu icefall. Year 5 used their written division methods to solve problems and Year 6 created haikus, counting the numbers of syllables needed for each of the lines. They also used maths in their Geography lessons to create graphs to compare data about the climates of the Arctic and Antarctica. Numbers are fun and everywhere. We are always telling the children how important numbers are in our lives.

We sadly said goodbye to our long-standing Chair of Governors Dr Paul Wakeley. He has been with us since the school opened and been a huge part of our journey. He was able to be part of our first Ofsted inspection and we hope to share news of this with everyone soon. Paul has seen our school grow from 50 pupils to over 300 and ensured that the school continually reflect on their progress and provide the best education possible for the children. It does leave a vacancy for a community governor at our school and if you think you have the time and energy to be part of our school standards committee and help us continue to grow in our community we would love to hear from you. Please contact me at the school for further information. Head2056@welearn365.com



'Life is a journey with problems to solve and lessons to learn but most of all experiences to enjoy.'

Mrs Humphriss – Executive Head Teacher.

Nature Page

Steve Harvey

February was a month of close encounters of the fortunate kind. The trick is to be in the right place at the right time, which is really only random good luck. I'd just got to the compost heap at the bottom of the garden. Our garden backs onto an even bigger one, separated by a low hedge. On the other side of the hedge was a Muntjac Deer quietly tiptoeing passed. It was about 6 feet away, that's about 2 metres. A couple of days later and only a little further up the garden, a rumpus began. A male Pheasant sounded its very loud alarm call. Birds scattered. There was something about!



That something turned out to be a Fox. Not very far from me stood a female Pheasant, one of 6 that arrive each day for breakfast. Out of the bushes came the Fox, trotting purposely across the garden. It was on a mission. It didn't seem to look at me or the Pheasant. We both stood still and watched as it disappeared out of our patch. It

looked in such good condition with a beautiful red coat. The Pheasant looked at me as if to say, "Did you see that Fox!?"

Going back to 28 January I saw the first Hedgehog. That's the earliest I've seen one out and about. It had found the spot where I put food down each evening. We both froze to the spot. Then, as usual, before I could put any food down it dashed away. I've seen it a couple of times there since so now I know its eating the food.

Not so good for another Hedgehog in February though. A neighbour called me round to his garden. He'd found a Hedgehog slowly swaying from side to side as if it was fitting. My expert 'hogman' was there within the hour. He thought it had probably been bumped by a car. So that one, sadly, had to be put to sleep. In the

last couple of years we must have released over 50 Hedgehogs here so, fingers crossed, most of them are out there and enjoying life.

I'm seeing at least a couple of Red Kites each week at the moment. There was one over the cottage early the other morning, flying low. A couple of Carrion Crows started to harass it. The Kite settled high up in a Wellingtonia tree as the Crows dived at it.

I've heard a recording of Kites making calls more eerie than that of a Buzzard. This Kite began to make it's loud flutey call. It wasn't at all eerie, it was melodic and very pleasant. Far more like James Galway than an irritated Clanger.



Added extra from the typist:-

The Snowdrops in my garden have been in flower for at least a week and a few Crocuses.

Poetry please

Dear March - Come in

Emily Dickinson, (1830 - 1886)

Dear March - Come in -
How glad I am -
I hoped for you before -
Put down your Hat -
You must have walked -
How out of Breath you are -
Dear March, how are you, and the Rest

-
Did you leave Nature well -
Oh March, Come right upstairs with
me -
I have so much to tell -

I got your Letter, and the Birds -
The Maples never knew that you were
coming -
I declare - how Red their Faces grew -

But March, forgive me -
And all those Hills you left for me
to Hue -
There was no Purple suitable -
You took it all with you -

Who knocks? That April -
Lock the Door -
I will not be pursued -
He stayed away a Year to call
When I am occupied -
But trifles look so trivial
As soon as you have come

That blame is just as dear as Praise

And Praise as mere as Blame -

Poetry please

The red and white striped lighthouse

Ebvor

The red and white striped lighthouse,
Standing by the sea,
As quiet as a mouse,
Telling boats where it be.

Against the rocks a wave crashes.
The lighthouse just stares on.
Suddenly some lightning flashes,
But he's gonna stare till dawn.

The red and white striped lighthouse,
Standing by the sea,
As quiet as a mouse,
Telling boats where it be.

He shines his light through the thick
fog,
As rain darkens the sands.
He shines his light through all the
smog.
On the rocks he proudly stands.

The red and white striped lighthouse,
Standing by the sea,
As quiet as a mouse,
Telling boats where it be.

The rising sun makes the ocean glisten
bright.
A couple comes out to see the
astonishing sight.
There is no need to shine, for it's no
longer night,
And the lighthouse slowly fades out its
light.

It was lovely to actually meet in person again in February. Doug, the school caretaker, was fit and well again, the school was warm and lots of members and guests came along to hear Nicola Burke telling us about her work with Early Years Music. Early years is birth to 5 year olds. Apparently Queen Victoria said children between 5-10 should be in school.

Nicola herself was brought up singing and dancing and she has spent her working life involved in music for children whether it was youth music for children in challenging circumstances, research into the importance of listening to a variety of music, or just access to music. She explained there are 5 types of music, these are classical, pop, nursery, Christmas and relaxing.

Nicola has worked with both the Albert Hall and the Royal Opera House and was also asked to speak in Parliament. She said it was an amazing day which included a tour and dinner but on leaving, after she had surrendered her pass, had to make that final stop before travelling home which resulted in her being challenged by the police before being allowed to leave. One way to make it a memorable day. Her latest project is working with the Saudi Arabia Music Commission where she has again been invited to work on music for early years.

It was a fascinating talk and she is well worth googling. The evening finished with a quiz courtesy of the Telegraph news paper.

In March the speaker is from Foundry Wood. Unfortunately my filing system has lapsed so I'm unable to tell you exactly who so come along and enjoy the surprise.

We had 4 entries in our flower competition. Everyone is asked to bring a single bloom and members vote with a coin of any value. The coins are then collected for ACWW a charity supported by WI for projects for women in underdeveloped countries. See what good a little flower can bring.

A group of us are going to enjoy Evita by the Spa Opera and we have talked about going out for afternoon tea to celebrate getting through the last couple of years and also a pottery demonstration.

The county federation are putting on more events now. 4 of us are looking forward to meeting Anton Du Beke in March, there are Serious Science lecturers on Climate Change, Artefacts of invention: Charles Babbage and Ada Lovelace, Why Does the World Flood. We can learn How your Wardrobe could Save the Planet , willow weaving, Dresden Plate Appliqué, Watercolour Art, Easter Flower Arranging and a Golf Taster Day . All this plus trips to Bristol to explore Brunel's Legacy and the Hay on Wye Literary Festival. If you were brave enough to come along and join us all this would be available for you to enjoy.

We meet in the school hall on the first Thursday of the month at 7:45pm. Guests are asked for a small donation, but we ask you to join after a couple of visits. You can come alone or with friends just turn up (but if you are bringing a coach party do please let me know and I'll organise extra milk) Everyone is welcome we are all ages from young mums to great grannies. All we ask is that you know how to laugh and have fun. Please ring me if you want to know more

Anne Allen 424135. or 07929356701.

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Poetry please

We Are Getting to the End

By Thomas Hardy

We are getting to the end of visioning
The impossible within this universe,
Such as that better whiles may follow
worse,
And that our race may mend by
reasoning.

We know that even as larks in cages
sing
Unthoughtful of deliverance from the
curse
That holds them lifelong in a latticed
hearse,
We ply spasmodically our pleasuring.

And that when nations set them to lay
waste
Their neighbours' heritage by foot and
horse,
And hack their pleasant plains in
festered seams,
They may again, – not warily, or from
taste,
But tickled mad by some demonic
force. –
Yes. We are getting to the end of
dreams

.

Poetry please

THE LAKE ISLE OF INNISFREE

By William Butler Yates

I will arise and go now, and go to
Innisfree,
And a small cabin build there, of clay
and wattles made:
Nine bean-rows will I have there, a
hive for the honeybee,
And live alone in the bee-loud glade.
And I shall have some peace there, for
peace comes dropping slow,
Dropping from the veils of the
morning to where the cricket sings;
There midnight's all a glimmer, and
noon a purple glow,
And evening full of the linnet's wings.
I will arise and go now, for always
night and day
I hear lake water lapping with low
sounds by the shore;
While I stand on the roadway, or on
the pavements grey,
I hear it in the deep heart's core.

St Chad's Day Celebration on 27th February 2022

Jenny Lister lead our service, with Communion and Hymns to celebrate our patron Saint in relation to the history and tradition of our church. After the service, there was time for a quick coffee at The St Chad centre and then a 45 minute walk finishing back at church where Jenny and Desnee prepared delicious soup and bread to share on our return . A lovely sunny day in more ways than one.





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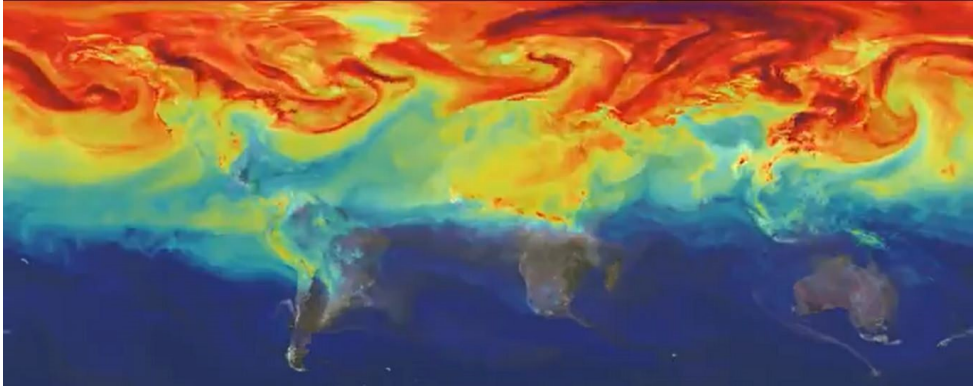
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01564 784466

or



On TRACC



68,449 tons of CO₂e* pa.

This is Bishop's Tachbrook's annual contribution to Global warming

It's a sobering figure that we, as residents, consume 30,233 tons of CO₂ pa which works out as a carbon footprint of 24.2 tons CO₂ per household. Even more disturbing is, thanks to the M40 running through the Parish, the total territorial footprint is 68,449 tons - that is 54.8 tons of CO₂ per household of planet destroying carbon. CO₂e* is the standard measurement in carbon accounting and also includes all the other exhaust gases that harm our health with every breath we take. These frightening statistics are calculated using the Centre for Sustainable Energy's (CSE) community carbon impact tool, click on the link below:

<https://impact-tool.org.uk/footprint/search>

On the webpage select Civil Parish and type Bishops Tachbrook into the search window. See how Bishop's Tachbrook compares with nearby parishes such as Harbury or Wellesbourne

Developed by Exeter University and CSE, the impact tool designed to calculate consumption and emissions produced at a parish level. As you will see the results are calculated from a range of sources including: goods and services consumed, food & diet, housing, agriculture, waste, industry & commerce. But overwhelmingly road transport skews the figures owing to vehicles the driving up and down the M40 day

and night. Time is running out, 2050 is only 28 years away: we have to change our lifestyles right now to protect the planet and ensure our children will enjoy a healthy life.

12 actions you can take that will have a positive impact

2 in 3 of us are concerned about the impact of climate change yet only 1 in 5 know what action we can take to reduce our impact and over a third of us would like clearer guidance on what would make a difference and where to start.

Knowing what you can do to make a difference and where to start can be tricky, especially when we're bombarded with so much jargon and abstract information in the news; it can sometimes feel like everything has a bad impact! What can we do to live more 'sustainably' and what does that really mean? How can we do more for the planet and reduce those 68,449 tons of CO₂e

There are 12 actions you can take that'll have a positive impact, individually and collectively.

1. Extend the life of your clothes
2. Switch to short car journeys, cycle, walk or take public transport
3. Reduce energy use
4. Halve the amount of meat you eat
5. Eat more seasonally and locally grown food
6. Cut food waste
7. Switch domestic and short-haul flights to travel by train, coach or boat
8. Consider electric or hybrid travel
9. Repair or recycle all electronics
10. Switch to a green pension & an ethical bank
11. Commit to buying peat-free compost
12. Switch to a renewable energy tariff

Making changes can be hard, so be easy on yourself and remember to take time to celebrate whatever you do. Let's start today! Click on the link below into for more information

<https://www.hubbub.org.uk/Listing/?CategoryTitle=impactful-actions-you-can-take-for-the-environment&SubsiteTitle=make-our-move>

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