PARISH MAGAZINE

Issue 9 November 2022 www.bishopstachbrook.com

Your magazine featuring news and views from Bishop's Tachbrook Parish.

A gentle mix of the saintly and the secular





What's in this month's magazine

Hi and welcome to the November edition of your Parish Magazine. The highlight for me isn't an article but the WW1 poetry of Rubert Brooke and others. So moving and so apt with Remembrance Day looming.

Elsewhere there's the normal fare to read through with the saintly from Revd. Jonathan to the secular from Matt Greene Chairman of the Parish Council. Hopefully something for everyone.

Next month's magazine will hopefully be a printed version which should drop through your door, only 50 odd days to Christmas!

If you want to contribute just send me your ideas by emailing: btparishmagazine@hotmail.com.

Happy reading!!

TEN NOVEMBER FACTS

- 1. On November 11th 1918, after four years and 97 days the guns finally fell silent as the Great War ended. Around 9 million lives lost with a further 27 million injured.
- 2. In Anglo-Saxon times, November was known as Blotmonab (blood month or sacrifice month).
- 3. November is the only month used to represent a letter in the phonetic alphabet.
- 4. Although the word November dates back to Old English, the first known use of Novemberish, was by Robert Burns in 1793.
- 5. According to research published in 2008, serial killers are more likely to be born in November than any other month.
- 6. On the 4th November 1843 the 5.5 metre statue of Lord Nelson was hauled to the top of its 60 metre column in Trafalgar Square, London.
- 7. According to the 17th-century astrologer Richard Saunders: "In this Month melancholy much increases." He recommended eating eggs and honey and vomiting sometimes.
- 8. On November 2nd 1934, the world's first regular TV service was started by the British Broadcasting Corporation, an estimated 100 TV owners tuned in.
- 9. After nearly eight months Stanley found Livingstone in Ujiji, a small village on the shore of Lake Tanganyika on November 10, 1871
- November's sky is chill and drear, November's leaf is red and sear [withered]."
 Sir Walter Scott

Vicar's October Reflections

Revd. Jonathan

I can't believe it's been a year since my licensing as priest in Bishop's Tachbrook. It's been a joy to meet and get to know many people in the parish and I have learnt so many names and familiar faces. Sundays have been great to spend time leading and worshipping at St Chads and getting to know the congregation better during our weekly meetings and events as well.

One of the themes that we have been looking at over this year has been what a church community looks like both on the inside of church and on the outside. It's a question we will also be pondering during our PCC away day this month when we will be enjoying time away together thinking about how we can connect better as a church and increase links with the community around us. As a church we want to be able to serve the community and share Gods love and that means reflecting on where the need is.

With the current cost of living crisis and general uncertainty in the world right now, the idea of human health and wellbeing has never been more prescient. I often wonder in my prayer times what kinds of things organisations like church can do to help communities to thrive, to remain resilient when the solid ground, well, doesn't look so solid anymore! With Covid, world crisis in Afghanistan and the Ukraine as well as the transitioning landscape at home with a merry-go-round of primeministers and the shifting monarchy. There is a feeling of rug being pulled from under our feet.

If there is anything we need now it's resilience and it is a well-researched fact that resilience comes back to family, friends or community units. Social relationships within workplaces and neighbourhoods build credit that can have extraordinary stabilising effects, helping people ride out difficult times. During my training we were taught exactly this and that a close network of what were defined to us as 'Big F' contacts were ultimately crucial to outcomes of wellbeing.

The amazing thing is that the idea of 'wellness in togetherness' is threaded all the

way through Scripture. From the beginning in Genesis and the start of human relationship, God has ordained that it wasn't good for people to live and work alone. Even more so that companionship enables humankind to grow and to thrive. The wisdom of Solomon implores his reader to note the treasure of trusting others and so also did many of the biblical leaders when they found things worked much better when team happened. Jesus himself knew the support of a few trusted friends who were his disciples and even from this group one or two became even more important to his mission of changing the world.

All we now know academically about resilience and wellbeing was there in the bible, lived and modelled in ancient history 2000 years ago. The story of God, Jesus and all the saints, who have lived and given us the model of resilient friendship in community.



In the Christian year and particularly the month of November (usually around All Souls Sunday to Remembrance) we are gifted an opportunity to remember those whom we have loved and are no longer here. To quietly remember how they lived life in our community but we're now actively invited to transform gratitude for their lives into a practical gift – which is our presence for others.

Harvest Donations

Thank you to the church congregation, community and the school for providing so much produce for our local foodbank. Praise God we were overwhelmed by the response, and we pray that it will find its way to the most needful situations.

Remembrance Service 13th November

Tarantara Choir 19th November Tickets on Sale—see next page for details.





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taranta

St Chad's Tinies



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Refreshments provided



Starting on 19th September 2022



At St Chad's Centre Bishops Tachbrook CV33 9RJ



Party time

St Chad's Church is now running the Tinies and we have been having lots of fun.

Our Christmas party will be 12th December when Castle small will be joining us. There will be a present for each child.



St Chad's Cafe

The café will open to lovers of tea and cakes every Thursday from 10.15 to 11.45 a.m.

£2 for a drink and cake.





Angels

If anyone out there has some spare time between now and mid December, would you like to knit a few angels.? They don't have to be elaborate or even in white. A perfect way to use up all your odd bits of wool.

I can supply a pattern which is really easy or use your own Anne Allen 0770470165

Parish Council News

By Matt Greene

Whilst this unseasonably warm weather doesn't make it feel like we're near bonfire night; we should be grateful for such a warm start to the autumn keeping energy demands down. Hopefully the rest of this winter remains kind.

Economic pressures are one of the main drivers of crime (throughout the world) and it has been sad to see an increase in crimes (attempted and successful) in our community. Having written to the chief constable of Warwickshire Police to raise our community's concerns, I have had a follow up discussion with Inspector Wayne Boulton to discuss how our community is cared for by the police. Our concerns have been noted and I would hope to see increased presence in our community over the coming winter. There is a question as to whether we should look to reinvigorate the Neighbourhood Watch or some other form of community group; we will discuss this further at our next Parish Council meeting.

As many residents may now know; in October the Parish Council became aware that the County Council Highways Department plan to close Oakley Wood Road for 6 months from the end of November and to direct vehicles leaving the site through the village. Councillors agreed that this is totally unacceptable. Letters have been written, emails sent and the planning officer at the District Council is seeking further information from the County Council - to be clear, we are taking a strong position on this matter due to the potential level of disruption to residents and local businesses. We appreciate how worrying this will be for many residents and we will continue to work to try and mitigate the impact of any closure (partial or full); we will keep you updated via Facebook and the website.

We would like to thank the residents who recently showed interest in the parish council vacancy. Councillors faced a very difficult decision in deciding which candidate to co-opt to the Parish Council; however, they finally agreed to co-opt Rick Hunt. We would like to remind residents that May 2023 brings parish elections with nine seats to fill and anyone can stand. Please consider whether you would like to become a councillor, if you need any information please contact the clerk.

The Parish Council has recently applied for two grants from County Cllr. Matecki's grant funding pot; one for fruit trees behind the Bullen Building, next to the Meadow allotments, and one for a noticeboard to smarten up the entrance to the Meadow

Our water company should be attending our November parish council meeting with, hopefully, an update on the recurring sewage spills on our footpaths and an action plan; in addition we hope that they will be able to cover the fresh water leaks that have taken place on Mallory Road. You will have seen that works have been taking place throughout the Parish to address some of the persistent issues; hopefully these will help reduce the number of incidents.

The fire in the derelict building at Heathcote was noted and we understand the area is to be securely fenced; please don't access private land without permission.

A new housing needs survey should accompany the paper copy of the December magazine.

Cllr. Carter has been working hard trying to arrange for the unfinished roadworks on Seven Acre Close/Anchitel Green to be completed. The developer has now secured a permit from the County Council, thanks to County Cllr. Matecki, and work should be taking place on 7th November. We have met with the District Council and have agreement for additional signage underneath the Anchitel Green street name plates to say 'Leading to Seven Acre Close'. The developer should be arranging for this additional wording and installation.

The Chesterton Fields solar farm has been approved and work will start in the second quarter of 2024. The Parish Council has been awarded a Deed of Gift for the installation of rooftop solar, environmental enhancements or energy saving initiatives within the parish to the value of £70,000. We are currently looking at projects which will meet the criteria as stated in the Deed of Gift.

Parts for the minor repairs on the outdoor gym equipment have been ordered and should be fitted shortly. The play area gate requires a spring and this is on order. Our grass contractor has kindly started to mend the fence adjacent to the play area.

A new bench will be installed shortly by the Sports and Social Club in memory of a much loved past member.

Residents have been drawing our attention to areas within the parish where parking is an issue. On our list we have; Kingsley Road, St. Chad's Road, Mallory Road, Millway Drive, Wychwood Close. If you know of any other roads please contact the clerk. Parking is the responsibility of the County Council and we are hoping to meet with an officer to walk the parish to see if we can find solutions to resolve this issue. County Highways will also need to address the installation of EV chargers in the near future.

Finally, I am pleased to report that the Parish Council has approved £100 funding towards new noticeboards and The Friends of Oakley Wood website.

Our next meeting will be on Thursday, 10th November at 7.30pm at St. Chad's Centre.

Poetry Please

Prayer by Carol Ann Duffy

Some days, although we cannot pray, a prayer utters itself. So, a woman will lift her head from the sieve of her hands and stare at the minims sung by a tree, a sudden gift.

Some nights, although we are faithless, the truth enters our hearts, that small familiar pain; then a man will stand stock-still, hearing his youth in the distant Latin chanting of a train.

Pray for us now. Grade 1 piano scales console the lodger looking out across a Midlands town. Then dusk, and someone calls a child's name as though they named their loss.

Darkness outside. Inside, the radio's prayer - Rockall. Malin. Dogger. Finisterre.

ST CHAD'S CENTRE, BISHOP'S TACHBROOK

The Trustees of the St Chad's Centre on Mallory Road are looking for someone local to join them as a Trustee.

Since the Centre opened in 2017 it has grown into a thriving community facility, now in use over 40 hours a week. Trustees oversee the running of the Centre and ensure its ongoing viability.

Time Commitment: 6-8 hours a month

Remuneration: No trustees are paid, but expenses will be refunded.

If you think you might be interested and would like more information, please contact Chris Harrison via stchadscentrebt@gmail.com

We look forward to hearing from you so you can bring some new ideas to our wounderful centre for all to enjoy.

PIC·COLLA

PIC.COLLAGE

WI

By Anne Allen

Our October meeting was the Annual meeting, which means the re-election of the committee and the officers. We hadn't had many nominations and two members very kindly agreed to join the committee making us a happy band of 8. Now I know this will come as a surprise to most of you but unfortunately I am President again but with Sam as my secretary. During the meeting reports are read, one from the secretary talking of what we have done over the last 12 months and the other from the president thanking everyone for their help and support. This year I have been particularly thankful for this.

Judy had stepped into the breach when Sam was out of action, Marion too was called on to take a meeting . The other committee members have always been there doing whatever, whenever . No organisation can manage without those behind the scenes. Unfortunately for us Liz has finally escaped after more years than I wish to remember. She was able to go home singing "I'm free" (for those who don't know it's from Tommy by The Who) She had planned this a couple of years ago but with covid stayed on the committee for which we were all very grateful.

We also present the person felt to have done the most for the WI during the last 12 months with a cup and it was very kindly thought to be me. The cup was originally presented as The Leamington District Women's Institutes Cookery Challenge Cup. It was by Tachbrook (not Bishop's Tachbrook) in 1937 and 1938. That's as much as I know about it. Maybe the competition was disbanded, maybe we won it again, maybe it got lost in someone's wardrobe. Since I joined in 1982 it has always been presented at the annual



meeting usually to groans of "oh no that means I've got to clean it" I'm sure you will agree it is beautiful though.

After the successful cake stall we are looking to moving back to May next year so watch this space for more updates. Some of our ladies have been potting with our local potter and thoroughly enjoyed themselves and we're looking forward to another meal out next month. Chopsticks here we come. 9 of us enjoyed a meal at Kolshi in September with husbands providing transport so we allowed them to eat at another table . We now have so many offers of transport.





The Federation are organising classes in British Sign Language, making a journal, festive willow weaving, a visit to Oxford Christmas market, and events with Mark Francis of Sewing Bee fame and Jeremy Spake who appeared on BBC's Airport.

Plus many poetry mornings. Something to appeal to everyone.

We are looking forward to our December meeting. This year we're having a total change and it will be a quiz night with a fish and chip supper. Places must be booked for this.

It's funny how Bishop's Tachbrook seems to rotate around food and drink. At the recent Group Meeting all the secretaries give a brief report on the going's on in their WI. After Judy had given our report based on the amount of food and drink we seem to enjoy the mutterings were "maybe we should go and join them." I will say here, we do enjoy ourselves. I forgot to mention the annual meeting always has a ploughman's supper with cider. .

In November we are going to be visited by Henley Chocolates. I am told by a friend who lives in Henley that they are fantastic. Plus, it being in November, it is just in time for Christmas presents. Why not come along and meet us all we'd love to see you. Anne Allen 07929356701 or 424135 or pussycatgalore12@yahoo.co.uk.



Poetry please

In Flanders Field

John McCrae (1915)

In Flanders fields the poppies blow Between the crosses, row on row, That mark our place; and in the sky The larks, still bravely singing, fly Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields

Haiku

November Musings by William Kershaw

Pity last years leaves

Their broken bodies crackle

Dead beneath my feet

Poetry please Anthem for doomed youth Wilfred Own (1917)

What passing-bells for these who die as cattle?

Only the monstrous anger of the guns.

Only the stuttering rifles' rapid rattle

Can patter out their hasty orisons.

No mockeries now for them; no prayers nor bells;

Nor any voice of mourning save the choirs, –

The shrill, demented choirs of wailing shells;

And bugles calling for them from sad shires.

What candles may be held to speed them all?

Not in the hands of boys but in their eyes

Shall shine the holy glimmers of goodbyes.



Nature Page By Steve Harvey

Cobwebs glisten as they cling to gates and hedgerows. Mornings have a chill to them and the nights are drawing in. The Frogs have disappeared looking for safe places to hibernate. Daddy-Long-Legs or Crane flies are partying. They only live for 10 to 15 days so there's really no time to waste. In early October, whilst looking for Hedgehogs on the back lawn, there before me was what I can describe as a Daddy-Long-Legs 'close social gathering'. About 8 males (they have square-shaped bottoms) and 2 females (they have pointy-shaped bottoms) were in a frantic tangle doing their thing. Mission accomplished the females will lay their eggs in the lawn and the grubs, known as Leather-jackets, will live off grass roots. Lots of people get jittery over Daddy-Long-Legs but remember they don't sting or bite and their lives are extremely short.

Talking of things that fly - did anyone see the clouds of White Fly wafting about in the first part of October - tiny white insects not actually a fly and related to aphids. You could fit about 100 on your thumb nail. The thought that with so much nitrogen being used on plants the White Fly have benefitted from the lush growth. I reckon it was the long warm/hot summer that kept them breeding. Anyway with frosts around the corner they can't last much longer.

Meanwhile on a scuffed unploughed field at the edge of Bishop's Tachbrook an unusual flock of birds were murmurating. I reckon there were about 100 small birds calling similar to Waders. I'd put a bet on them being Golden Plovers. Years ago the species had been seen in roughly the same place. If only I'd had my binoculars with me! You never have them when you need them.

I didn't need binoculars to see the Peregrines that flew over the cottage - medium height against a clear blue sky. The bird at the front leading the way while the other followed calling that call that only Falcons make. Possibly a couple of the Leamington Peregrines out hunting.

Back on the ground we've had another 6 Hedgehogs released here all mended and ready to go. Food and water is put out daily. I've seen a couple of them at night so

maybe they will hang around then hibernate here. Hope so because after releasing almost 60 Hedgehogs I rarely see one.



This is the time of year Blackbirds do a bit of 'subsong' singing. I'd read its usually the males that practice and feel their voices. They sound very quiet, almost a whisper, as if a long way off, instead they are within a few feet of you.

Another day ended and as the almost full moon began to rise over the parkland the 'seep seep' call of the Redwings could

be heard passing overhead. These Thrushes have flown here from Scandinavia hoping for good food and a milder Winter. So are we all!



TRACC

Latest News

22nd October saw spades in the ground in preparation for planting a mini orchard behind the Bullen Building in the allotments. We have to thank the working party organised by Keith Wellsted and newcomer, Kayleigh Brooks, who is a member of TRACC for all their hard work digging plots and removing the dreaded couch grass in readiness for the pear, apple, plum and nut trees. Hopefully planting will take place in November.



This is the start of the extensive tree-planting scheme around the Parish. Two further mini orchards are planned on green spaces at the entrance to Beale Close and land between the older and newer Houses on Mallory Road. Other planting will include replacing dead trees and establishing a range of deciduous trees selected by expert arborist Martin Hicks. All these new trees will require maintenance, especially watering in the early stages so please help if you can. As

well as enriching our surroundings, trees play an essential role in sequestering carbon. This together with our rewilding programme, that is well under way on the Meadow, are helping to ensure a greener and more diverse natural environment.

Keeping warm & well

The ever-spiralling cost of energy is extremely worrying especially for those on lower incomes. Green Home Grants are available to make homes more energy efficient and save money. For more information about the scheme including details on how to apply, visit www.warwickdc.gov.uk/greenhomesgrants or call Act On Energy on 0800 988 2881. Or visit: https://bishopstachbrook.com

In addition, WDC has produced a Cost of living Support Directory that signposts a range of government and local support packages, as well as organisations that are able to offer advice during this difficult time. You will find information on benefits, rent, housing utility bills, food support, health and well-being. https://www.warwickdc.gov.uk/info/20845/cost_of_living_support

Low Carbon Warwickshire Network (LCWN)

Facilitated by RSA, LCWN organised a well-attended public meeting (15/10/2022) at the Methodist Church Kenilworth covering a wide range of Climate Action topics. Kenilworth Altogether Greener has set up a new community car club in association with Hyacar The average person spends £300 a month to run a car: the club's founders said sharing cars is a perfect way to manage with one car fewer on your drive, go greener and save money.

Sharon Maxted explained how she and like-minded friends set up and run a successful repair and recycle Café. We also learned in Bee Friendly about the importance of encouraging pollinators by leaving wild flowers to grow and rewilding green spaces. Professor Reza Ziaratifrom described his work on Coventry and Warwickshire Air Quality People's Chamber. The partnership comprises members from local businesses, universities, medical professionals and residents. The aim is to transform Coventry and Warwickshire into a clean green area by responding to the 2030 UN Climate Emergency to achieve at least a 50% carbon reduction by focussing on improving air quality.

Warwickshire Climate Alliance

Topics discussed at the last zoom meeting included: 1) Applying for Green Shoots funding to set up a travelling Climate Action Road Show to raise awareness and sign post energy saving information, support and service providers. 2) Status of Solar Together funding (all stage 2 funds allocated). 3) Continue to lobby WDC & WCC to divest fossil fuel shares from their pension fund 4) Organise a Climate Action art competition for schools 5) James Meadows from Warwick University gave a talk on the Green New Deal which will provide many thousands of new jobs in transforming the UK to a zero carbon economy. 6) Reminder about the Global Action day event in Birmingham, 12/11/2022 at the start of Cop 27 in Egypt.

BT Repair Service

Good news: several more repairers have been recruited for the proposed repair/ recycle service. Jonathan Smith our Vicar is very interested in the project and we had a discussion about setting up a virtual repair service where residents drop off items for repair to the appropriate repairer. Ideally it would operate via social media that will require people to manage. In addition funding is required for public liability insurance.

If you are interested in helping with TRACC activities be it rewilding, tree planting, organising the BT repair service or if you have other suggestions about reducing our carbon emissions, please contact Martin Drew tracc@bishopstachbrook.com







Bishop's Tachbrook History Group

Programme for the rest of 2022

Tuesday 8th November "Music for your Ears" Nina Kumin + violin

Tuesday 6th December Christmas Lunch at The Leopard

Starting at noon

Our meetings are always in the St Chad's Centre; and conclude with refreshments.

As ever visitors and newcomers are most welcome.

*We have a full speaker programme in place for next year, and look forward to sharing it with you.

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What's on

Bishops Tach brook Sports & Social Club Entertainments

November

4th November – Bonfire Night (Friday).

It's Bonfire Night on the meadow with fireworks, fair rides, food stalls Face Painting and a Disco in the club.
Starts at 7.00pm.

12th November – Family Bingo (Saturday).

Great prizes for one and all to be won at our Family Bingo, Eyes down at 7.30pm for a fun family night out.

19th November – The All Fab Beatle (Saturday).

New to the club we have a solo Tribute to the music of the sixties playing hits from The Searchers, Dave Clarke Five, The Hollies, Herman's Hermits,

The Beatles and the Kinks to name but a few.

A great night out not to be missed.

Starts at 9.00pm.

20th November – Yuletide Winter Fair (Sunday).

Christmas is on its way, come on round to get some unusual gifts for your loved ones, visit Santa who has special guests Mickey and Minnie Mouse dropping in to see us.

Open from 12.00 till 4.00pm

Free Entry to the Club for Members £3.00 for non-Members

Bishops Tachbrook Sports & Social Club Function room is available for all sorts of activities (T's & C's apply) :- Dance Classes, Keep Fit, Martial Arts, Band Practice, Group Meetings, Car and Motorcycle Clubs, Children's Clubs, Parties, Christenings, Weddings and Funerals.

We offer a personal service and buffets can be provided if required.

Contact Us



www.bishopstachbrookclub.co.uk



01926 421621/07855709051



enquiries@bishopstachbrookclub.co.uk



bishopstachbrookclub

St Chad's Centre Schedule

Monday	Activity	Contact
10.00-11.30	St Chad's Tinies (was Tach brook Tinies)	
	We are a friendly playgroup for children aged 0-4 years and their carers.	
	Hot drinks and snacks, toys, craft activities and singing.	Contact on Facebook
	All welcome.	
	Term time only.	
16.30-17.45	Martial Arts Class. Children/ Beginners up to age 11	Andy Shaw – andy@linkcube.co.uk
17.45-19.00	Martial Arts Class. Over 12 years and adults	Andy Shaw – andy@linkcube.co.uk

Tuesday	Activity	Contact
	ADVENTURE BABIES	
9.15-12.30	Take your little ones on a Sensory Story-telling Adventure every Tuesday at St Chad's Centre, as we bring brilliant books to life with puppets, props, bubbles and sensory activities.	lindsey@adventureba bies.co.uk
	Mini Adventurers (0-18 months) 9.15am - 10.00am	or visit:
	Diddy Adventurers (0-12 months) 10.30am - 11.15am	www.adventurebabie s.co.uk/
	Mini Adventurers (0-18 months) 11.45am - 12.30am	warwickshireandcove ntry
	Booking essential please visit www.adventurebabies.co.uk/ warwickshireandcoventry to secure your place or contact lindsey@adventurebabies.co.uk	
14.30 -16.00	HISTORY GROUP	John Fletcher on 01926 426001 or
Tuesday 8th November	"Music for tour Ears" Nina Kumin and violin	johnfletcher@sky.co m

	ATOMIC DANCE	
	Acrobatic Arts 1	
	4.30pm-5.15pm - Ages 5+	
	Learn the foundations of dance technique and acro movement. In this beginner class, students will develop skills such as forwards and backward rolls, cartwheels and bridges in a fun, friendly environment.	
16.45-18.30	£18 per month.	Contact Ellie Rowe 07392 348155 or ellie@atomicdance.c
	Acrobatic Arts 2	<u>o.uk</u>
	5.20pm-6.20pm - Ages 7+	
	A more challenging acro class for children who have previous acro or dance experience. Learn how to safely execute skills such as handstands, backbends and walkovers alongside improving dance technique.	
	£21.50 per month	
	YOGA	
	Supporting Health & Wellbeing	
	Yoga classes with Amanda	
19.00-20.00	Specialising in yoga for beginners. Sedentary workers, and mums.	
	£5.00 per person	www.lifewithamanda j.com
	Classes are limited to 11 people	
	Please bring your own mat / block	
	I ask that attendees wear masks when not on their mat.	

Wednesday	Activity	Contact
9.15-12.30	ADVENTURE BABIES Times and booking same as Tuesday classes	lindsey@adventur ebabies.co.uk or visit: www.adventureba bies.co.uk/ warwickshireandc oventry
18.00-19.00	YOGA CLASS Supporting Health & Wellbeing Yoga classes with Amanda Specialising in yoga for beginners. Sedentary workers, and mums. £5.00 per person Classes are limited to 11 people Please bring your own mat / block I ask that attendees wear masks when not on their mat.	www.lifewithamanda j.com
19.30-21.30	Salsa @ St Chad's Learn and practice Salsa Cross Body / Cuban / Rueda Every Wednesday, New and experienced dancers welcome. New Dancers Come early. Rueda from 8.30	Enquiries – stchadssalsa@outloo k.com

What's On at the St Chad's Centre

Thursday	Activity	Contact
10.15-11.45	ST CHAD'S COMMUNITY CAFÉ Serving Drinks and Cake for you to enjoy	Kate Wellsted Chadstreasurer@ outlook.com or ring 07713113464
16.00—19.15	ATOMIC DANCE Little Stars Ballet and Musical Theatre (combined class) 2-4 Years 4pm-4.45pm Mini Ballet 4-6 years 4.45pm - 5.30pm	Contact Ellie Rowe 07392 348155 or ellie@atomicdance.c o.uk

What's On at the St Chad's Centre

Friday	Activity	Contact
10.00-12.00	Tai Chi - All Classes are for beginners but are suitable for anyone. Classes have a maxi- mum of 10 Students to ensure social distancing and are COVID Compliant. First class is free, so no reason not to find if Tai Chi is right for "you"	Peter Fletcher 07487 685679

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