

# PARISH MAGAZINE

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Your magazine featuring news and views from Bishop's Tachbrook Parish.



# COME AND HAVE FUN AT THE FETE!

## Saturday 10th June



**Come for**  
**Coffee and cake in the morning**  
**10.30-1pm**

### Fete and Stalls 1-4pm



**Tombola**

**Cream Teas**

**Raffle**

**Maypole Dancing**

**Cakes**

**Plant & Garden Stall**

**Book Stall**

**Ice Cream**



**PLUS LOTS MORE**

## **FUN FOR ALL THE FAMILY**

# What's in this month's magazine

I know some of our readers would much prefer a printed copy of the magazine to the online version. One of the advantages of online is there's no printing costs so the number of pages is irrelevant. This month's magazine makes full use of unlimited space with a very visual edition. There's 10 completely visual pages and a lot more colour beside.

A lot of the colour pages, sprinkled throughout the magazine, feature the Wonderful World of Scarecrows which was truly magnificent, well done, and thanks, to all involved.

Obviously the report from Mathew Greene, chair of the Parish Council, covers the recent incidents of Travellers illegally camping on the Meadow. He covers not only what happened but how the Parish Council plans to respond. He also thanks a number of people for their roles in dealing with the incident. His fellow parish councillors would like to thank Matt for his excellent leadership during the incident.

Elsewhere there's an all to rare piece from the Friends of Oakley Wood. If you're interested in the amenity Oakley wood affords us all then please read the article which seeks your views on seating in the wood.

Rev. Jonathan reflects on the meaning of, 'Thy Kingdom Come' and some simple actions that can be taken to aid your reflection on its meaning.

On page 25 there's a piece from Guide Dogs with an appeal for volunteers who could give a loving home to one of their guide dog mums. Great potential for enjoyment, puppies and doing something really useful.

Elsewhere our treasured regulars have articles covering the antics of the WI, the natural world and our historic roots, plenty of interest!

Enjoy your read.



# A message from the vicar

Revd. Jonathan Smith

## '*Thy Kingdom Come*' Matthew 6 v 10a



Most Church traditions go back centuries, actually- millennia. Of course, the Christian calendar fits broadly around celebrating Christmas in midwinter (Jesus' birth) and Easter in the Spring (Jesus' death and resurrection) but there are continual background festivals all the way through the year. Certain feast days celebrated to a greater or lesser extent depending on local traditions and the emphasis on them.

At the end of May we celebrate Ascension Day (Jesus going up to heaven in a cloud) and the week after Pentecost (Remembering the Holy Spirit coming down with flames appearing on heads of early church Christians).

Today, between these two events we enjoy a relatively recent tradition in the church called '**Thy Kingdom Come**' (TKC) season. Since it began in May 2016, and it has become a global ecumenical prayer movement inviting all Christians around the world to pray for people to come to know the light of Jesus. God has grown TKC from a dream of possibility into a movement which unites



more than a million Christians in prayer, in nearly 90% of countries worldwide, across 85 different denominations and traditions- so that friends and family, neighbours and colleagues might come to see the difference faith makes individually and to wider communities.

Every person, household and church are encouraged to pray during these 11 days in their own way and prayer can have a dramatic effect on individual circumstances as well as more global situations.

Justin Welby the Archbishop says,

***"In praying 'Thy Kingdom Come' we all commit to playing our part in the renewal of the nations and the transformation of communities."***

So, one thing I really look forward to during 'Thy Kingdom Come' season is praying with my church family and my family at home in many varied ways. Praying with groups old and young can be simple and fun. At Sunday Club, planting some sunflower seeds we'll keep the protection our earth and local environment in our thoughts. Seeing the flowers grow will help us give thanks for the outward visible signs of Gods inward invisible graces around us.

Making prayer beads on a string will help us pray God's comfort for friends who are bereaved, unwell or unhappy. Watching a fizzy vitamin tablet effervesce and change the water colour, we can ask God to pour his love into the hearts of those we know. And even sending up a stomp rocket can be done with a prayer! Shooting upwards we shout out one-word prayers - Please, Sorry Thank you or something else. Your prayer might be so little that it may not seem like a prayer at all, but it's enough! - God hears it.



Whatever you are doing this month, don't wait till Christmas, join in with one of the newest traditions of the Church of England in *Thy Kingdom Come!*

Until the next edition have a very peaceful and blessed Summer!  
Rev Jonathan

# Parish Council News

By Matt Greene

Finally some consistent, warmer, weather! After what has seemed like an eternity in doors keeping warm, it's been great to get outside, enjoy gardens (including beer gardens), take in fresh air and reconnect with many. For some of us, this was interrupted a couple of weeks ago when a group of visitors turned our Meadow into an illegal camping site.

We have bylaws prohibiting motor vehicles, overnight parking or camping on the Meadow but this didn't stop the group. More to the point the Meadow is usually protected by gates and posts; however, the posts were damaged shortly before the group arrived. We are aware of a number of incidents over the course of the weekend that were reported to the police; I also know, from speaking to many residents, the level of worry and upset that this situation caused. Events (including the Brownie Sports day, a Baptism party and a Birthday party) were cancelled, some of our vulnerable residents felt very anxious and criminal damage was sustained to property and at least one vehicle. As a Parish we have to learn lessons from this event and the parish council are focused on four key areas -

- Fully understanding what happened during the c.48 hours that the encampment was present.
- Engaging with the police and other key stakeholders to debrief how this situation arose and what could have been done differently.
- Putting in place systems and clear processes to ensure that, should a similar situation arise again (maybe in another part of the Parish), sufficient people are aware of the procedures that need to be followed.
- Putting further security measures in place to protect our Meadow from such an incursion happening again.

Most of the group vacated the site by the Sunday evening, with the final caravan leaving early on the Monday morning. The clean-up operation then commenced and was carried out very efficiently and professionally by Warwick District Council contractors. The play area was inspected on the Monday to ensure that the equipment was safe for children to use. Many thanks to our Clerk and, new Parish Councillor, Peter Guest for supervising these works for the parish. Whilst the human waste was significant and required specialist attention, quite a bit of the

litter had already been gathered both by the visitors themselves and by various local residents keen to tidy up.

Repairs have taken place on the Meadow and talks are taking place with the Sports and Social Club to see what measures need to take place to protect this green space; due to ordering times it may take a few weeks to put these measures in place. We would ask that all residents remain vigilant between now and then; if you have any concerns please contact our clerk.

I had never dealt with a situation like this before; it was a steep learning curve and, therefore I am very grateful to all those who supported both me and other councillors over the weekend. I'm particularly grateful to Councillor Andrew Day (who was up on the Meadow within 20 minutes of receiving my call, engaged with many residents and who was absolutely key to getting the notices of eviction accelerated and delivered within 24 hours - he also ensured a clean-up crew was ready and available for the Monday). Cllrs. Wellsted and Deely were very supportive in helping with asking the group to vacate the land. Warwick District Council chief executive Chris Elliott, interrupted his holiday and his weekend to provide specific advice on this topic.

Karen and Tony at the Club had a very tough weekend but managed the situation professionally and in the interests of our community throughout; the staff at the Leopard also had a difficult Saturday but it was great to see smiles back on their faces a few days later. Meanwhile, Mrs Kilbey at the primary school worked with the parish council and the police to ensure pupil safety (and that parents were kept informed) in what had the potential to be a tense moment on the Monday morning.

Finally, as the weekend progressed it was helpful to have the support of Police officers, particularly Alex Hunt and Samantha Capehorn - from Saturday afternoon they kept me informed of their progress and plans, which was reassuring for many residents.

I write all these names down (yes to thank them but) mainly to demonstrate that we have a really strong community of people who, when faced with a challenge, work together to sort things out - a lot of us were tired on Monday night, but we



could also be proud that (as a community) we worked together to solve an issue.

In other news the Parish Council met on 25th May for its AGM and welcomed new councillors - Kathryn, Peter and Paul. At the meeting I was honoured to be re-elected as Chair by the new council, with Cllr. Leigh Carter being re-elected as our vice-chair. Our Clerk, Corinne Hill was re-appointed as our finance officer and Cllr. Keith Wellsted as our new portfolio holder for Planning. Remaining portfolios are being finalised and will be announced in due course.

The meeting was attended by a representative from Severn Trent who noted how the village had been identified as a 'hot spot' for sewage issues. This means we should get priority help, in the event of flooding, until the necessary infrastructure has been put in place. Councillors requested additional mitigation measures once Severn Trent is aware of heavy rain. If residents see flooding on our streets could they please either contact Severn Trent by WhatsApp, Facebook, email or phone - it's really important that they do this every time, as the number of reports will drive short and long term action. Going forward there should be a public consultation on Severn Trent's plans in respect of Oakley Wood Road and Oakley Grove pumping stations. District Cllr. Day and a parish councillor are hoping to meet with the project manager at Severn Trent for further information.

The Parish Council has invited two officers from the County Council to attend our June meeting at Heathcote Primary School to show us their plans for the Harbury Lane Active Travel Project. This is a £1.4 million project aiming to improve the cycleway/walking routes to Oakley School. We are hoping that the annual flooding of the Warwick Gates perimeter path will be resolved as part of this project. Residents are welcome to attend.

Talks are on-going between the project manager for the new school and County Highways regarding the highways works and the entrance to the school. The Parish Council is being kept informed by the Project Manager. Once a decision on the level of highways work needed has been agreed a new timetable for the construction work will need to be established and residents will be updated on any road closures/disruptions to journeys on Oakley Wood Road caused by this work.

Cllr. Martin Drew has identified 39 dead trees on Lionheart Avenue and Majestic

Way. This information will be passed to Warwick District Council who should be ensuring these trees are replaced by the developer before the District Council adopts this land.

The Church Fete will be taking place on 10th June on the Village Green followed by Tachfest on 8th July on The Meadow. We will be asking the Police if they would like to attend both events to meet residents and for residents to ask them any questions they may have - this will be in line with the new policing model which aims to improve engagement with local communities.

We understand plans are still being considered for the equipment for the play area on Seven Acre Close. The Parish Council has been told that we will be sent a copy of the final equipment plan before the project goes to procurement.

County Council contractors appear to have a backlog of jobs. We are aware of the road painting needed on Mallory Road, near the Village Green, and the hole on Mallory Road that needs filling; we continue to chase the Highways team on these matters. The County is looking at hardening Kingsley Road verges as they no longer use Grasscrete.

Reports of blocked footpaths near Wiggerland Wood, Hogbrook Farm and Farm Walk have been reported to the footpath officer at the County Council. Meanwhile, concern has been expressed regarding the wildflower meadow at the solar park and we have passed this concern to the District Council to investigate. The gate on the play area needs repairing again, we believe this is due to children swinging on the gate. The jeep seat should be fixed shortly. We have been given permission to move one of the bins on St. Chad's Green; hopefully this will take place shortly.

Finally, Councillors would like to thank David Norris, who didn't seek re-election as our District Councillor, for his work in ensuring that the parish was paid the correct precept and his help with social housing for residents. We wish him well in the future. We're looking forward to welcoming our new District Councillor Matt Collins at our June meeting.

Our next meeting is at Heathcote Primary School at 7.30pm on Thursday, 8 June, all residents are welcome to attend.

## **Oakley Wood Bluebells**

By Garry Delday









# Friends of Oakley Wood

The newly surfaced path around and through the wood last year has met with almost universal approval, and is allowing more people to enjoy what the wood has to offer. But with this has come requests for some form of seating so that they may take a break - 3km is quite a long walk for less able legs. Some may just want to be able to sit awhile and enjoy the sounds and sights of nature.

Most nature reserves have some form of seating, and we think it would be a good idea to have some here. So this is your opportunity to give your opinion. Do you want seating of some form? If so, what kind? Alternatively, it's a perfectly valid opinion to feel that seating is inappropriate for Oakley Wood. Let us know - add your comments by clicking on the link below or using the QR code. The Friends will consolidate the feedback and present it to Warwick District Council as genuine public opinion.

This is the url of the website post: <https://wp.me/p4qjVR-1MA>



## Poetry please

**Oak** by Alfred Lord Tennyson

Live thy Life,  
Young and old,  
Like yon oak,  
Bright in spring,  
Living gold;

Summer-rich  
Then; and then  
Autumn-changed  
Soberer-hued  
Gold again.

All his leaves  
Fall'n at length,  
Look, he stands,  
Trunk and bough  
Naked strength.





## A Wonderful World of Scarecrows

Bishops Tachbrook Wonderful World of Scarecrows raised £2660 for Birmingham Children's Hospital in memory of Annabel Greenhalgh.

A **big** thank you goes out to all those involved.







# WI

By Anne Allen

For the WI, May has been an exceptionally busy month. Not only did we celebrate the King's Coronation in style but we have also held our cake stall, had a meal with the supper club and hosted a group supper. Plus we also had to find a bit of time for ourselves.

Our May meeting was very well attended. Our resolution, " Clean Rivers for People and Wildlife " was passed. Our vote was then forwarded to our delegate who was representing us at the National AGM in Cardiff, where the process would begin again. Discussion for and against the resolution and then the vote. This can prove to be quite exciting. I was once at the Albert Hall and halfway through the discussions someone jumped up and shouted " I beg to move to the next business" This apparently stops everything and you move to the next item on the agenda.

Our speaker was Jo from Church Farm Brewery at Budbrook. She explained how she and her husband had been dairy farmers and diversified into brewing winning an award in the process. The farm has its own well used for the beer which is made in 4 days, larger takes about 6 weeks to produce. When first starting out, the milk tanks were used for brewing and the milk bottling process was converted to a beer bottling process. They have since bought a second brewery after surviving Covid by delivering to our doorsteps. We all had plenty of different beers to sample plus we were able to purchase a bottle or two. Mind you this has already resulted in a visit to purchase more.

The evening then continued with a supper. Coronation Chicken was enjoyed by all together with salad and crusty bread. After which a glass of Prosecco was raised to the King. Members were given a small token to remember the occasion. If you look on Facebook under WI Warwickshire you should be able to see us doing our Coronation Curtsey.

Thanks to everyone who supported the Cake Stall. Bakers and buyers alike. It was a whopping success. This is the big fundraiser for WI but it also allows us to promote ourselves further within the village. There are still a few folk out there



that haven't heard about us. I don't think I want to see another Welsh Cake. I did 4 times the recipe resulting in Ray and I as a combined effort of rolling, flipping and cooling them.

Our Supper Club visited Picolinno's in Warwick . Lovely food although one of the desserts took us by surprise.



No it's not a ham roll but a brioche bun with an ice cream filling. Great evening was had by all.

There is talk of the Giggling Squid being the next venue in July.

June might be a slightly quieter month for us here but the Federation is providing various outings and events. These include learning to kayak and canoe, a treasure hunt in Henley in Arden, visiting Cambridge or the Ludlow Food Festival and enjoying talks by Sunny Ormonde and Tracy Borman. All members and often friends are able to enjoy these events.

Looking ahead we hope to hold our annual Pimms and croquet evening. Shhh I haven't told Ray yet. Most of our social events include food and drink. Well why not.

We are the Group hosts this year hence my mention of the supper- ably supplied by the Village Chippy. The actual meeting is in September when the speaker will be Paulus the Cabaret Geek with his tribute to Victoria Wood. Some of us saw him on Zoom during lockdown and he was brilliant so this should be a night to remember.

Our knitting group meets on the second Tuesday of the month at the Leopard 7-9pm. Everyone is welcome to join us. We are the noisy crowd under the television. We're not just knitters but crafters too. Don't worry about the post box topper. It was safely removed ready for its entry into the county competition.

I'm still recycling used postage stamps though WI. Do just pop them through my door should I be out Sorry you can't do the same with the old bras again for recycling but we're used to finding an odd bag outside.

In June the speaker is talking about Murder and Manslaughter in Warwickshire and Worcestershire and will be followed in July by a talk on the Lighter Side of Undertaking .

All this is just a quick taster of what Bishops Tachbrook WI gets up to. There is always plenty of laughter, fun and friendship to be found . Why not come along to a meeting and find out for yourself. You can always give me a call if you'd like to know a bit more about WI.

Anne Allen  
07929356701 or pussycatgalore12@yahoo.co.uk

## Poetry please

First Summer—Carol Ann Duffy

*Carol Ann Duffy's poem is written from the point-of-view of a mother watching her child experience her first summer.*

Here is your shadow-hand  
holding the shadow of mine  
as we drift along  
over the grass  
after a bee  
or a butterfly.  
You shout their names.  
And here are the shadows  
of your first words,  
seen through the throat of a flower.

Here is a ball  
bouncing away,  
yellow and yellow  
under the sun;  
your unwrapped voice  
calling it back.

Here is a sun-hat,  
blue and green,  
a melting cone  
in your fist.

And here is a message  
faxed from the heart  
to the lips,  
as my shadow kneels again beside yours  
for a shadow-kiss.











# History Group

By Ian Morley



On Tuesday 9th May (at 2.30 pm in St. Chad's Centre) the History Group was entertained by Alan Godfrey, and his opening slide is shown above. Most of us did not know quite what to expect from his talk, but immediately noted two things from his first slide. The first was that "Red" was in scare quotes and the second was that Alan Godfrey was FRPSL. The scare quotes were to point out that Midland "Red" was a nickname for the Birmingham and Midland Tramways Company, later The Birmingham and Midlands Motor Omnibus Company. Initially, the buses were horse drawn, and painted red, as were later trams and buses: hence the sobriquet Midland "Red". The second was that Alan Godfrey was a Fellow of the Royal Philatelic Society of London, although it took most of us a very long time to work out what the letters FRPSL meant. The appellation is relevant because Alan Godfrey told part of the story of the Parcels Express using Midland "Red's" own version of postage stamps, namely parcel tickets, newspaper tickets, and account tickets.

The main theme of the talk was that the carriage of parcels and newspapers was an important, but little known aspect of the Midland Red Bus Service. This was news to most members of the History Group, and something on which most of us had missed out. The Birmingham and Midlands Motor Omnibus Company commenced operations in 1905 and by 1921, after several mergers or changes of ownership, was carrying more than 500,000 parcels a year.

Horse drawn buses and trams carried the first parcels, but petrol-electric buses were introduced in 1912. A petrol driven generator was used to drive an electric motor. Power was transmitted directly to the rear wheels without using a mechanical transmission system involving clutch and gears (difficult to use in the days before synchro-mesh). This innovative system was one reason why Midland Red buses were not requisitioned by the army during World War I (giving Midland Red a competitive advantage over their rivals).



To expedite deliveries Midland Red maintained parcels agents in almost every town or village with a bus service. In 1959 there were more than 550 agencies across the Midlands. The agents received parcels, stamped them to show that the customer had paid for the service, and put them on the next available bus. They were then taken to the Chief Parcels Office somewhere in Birmingham, where they were sorted. Some advertising posters show parcels being handed directly to the conductor of a Midland Red Bus. The conductors also made final deliveries of parcels to the relevant parcel agency. We lost a lot when buses stopped having conductors! As a general rule agents would deliver parcels to addresses within half-a-mile radius of the agency, using boys on bikes (using tradesman's bikes just like those ridden by Granville, aka David Jason, in the sitcom *Open All Hours*). In 1959



it cost one shilling in old money (or 12d) to send a parcel and in the same year the rate for newspapers was 9d for 20lb weight.

I am indebted to Alan Godfrey for sending me a copy of a paper he wrote for *Omnibus*, published by the Transport Museum, Wythall (Registered Charity No. 1167872). Not only did this allow me to give accurate information about prices (above) but it also emphasises that:

Many newspaper publishers used Midland Red Parcels Express not only to distribute their newspapers, but also as a way of receiving urgent editorial copy and photographs in a timely fashion.

This shows how much of a community service Midland Red once provided. Furthermore, some of us - me for one - were astonished to learn that Midland Red managed to coordinate their delivery services with other bus companies (such as Bristol Omnibus Co.) In 1930 the Great Western Railway and the London, Midland & Scottish Railway Companies took between them just less than 50% shareholding in the Birmingham & Midland Motor Omnibus Company. Apparently, "many long-distance hauliers worked in conjunction with BMMO to distribute goods to all parts of the country." Personally, I had supposed that lack of such a service had been one of the reasons for the nationalisation of the bus industry.

There is much more that I could say, and there was much, much more in Alan Godfrey's talk. However, there is one last point I would like to make. During his talk Alan had to put out with thunder, lightning, and hail pounding on the roof of the St, Chad's Centre. He adjusted to all of this with great aplomb, and endeared himself even more to his audience.

### Could you give a home to a guide dog mum?

Sight Loss charity Guide Dogs has launched an appeal for volunteers who could give a loving home to one of their guide dog mums.

Volunteer 'Breeding Dog Holders' support the charity by providing homes for their guide dog mums and helping them when they have their litters of life-changing pups.

These special mums need regular walks, care, and company, like any other pet dog. Guide Dogs provide all the training and equipment required and covers all food and veterinary costs.

As long as the environment is right for them, guide dog mums can live with other animals and children too.

Guide dog litters are born in volunteers' homes, with 24-hour support from Guide Dogs' staff. At 6-8 weeks of age, puppies move to the charity's Centre, just outside Leamington Spa for health and temperament checks, before starting on their journey to become service dogs.

Breeding Dog Holders look after guide dog mums until they retire, at around six years of age. After this, they are given the option to keep the mum they have cared for as a pet dog.

Volunteers must be aged 18 or over and live within an hour's drive of the Guide Dogs National Centre, near Leamington Spa (CV33 9QJ).

**To find out more, contact Volunteering Coordinator Verity O'Donnell via [volunteermidlands@guidedogs.org.uk](mailto:volunteermidlands@guidedogs.org.uk) or call 0800 781 1444. Find out more about Guide Dogs at [guidedogs.org.uk](http://guidedogs.org.uk)**









# Nature Page

By Steve Harvey

Well, if I had to pick a favourite time of the year it would be April into May - not too hot and not too cold, everywhere is bursting with fresh green leaves. Birds are singing and rearing their young. Wild flowers decorate the hedgerows and verges.; oh "the darling buds of May!"

Blackthorn has faded to brown as Hawthorn (May blossom) takes over. Wild Rose, Elder and Honeysuckle are on their way casting a non-stop Nectar Bar for the Bees and countless insects. Cow Parsley reach up to touch the Mayflowers so this, for me, is the peak. I reckon Summer doesn't really manage to top the explosion of life Spring has to offer.

There's a pair of Blue Tits going for it in the nest box way up under the eaves near the bedroom window. That box has never been used in the last five years.



Meanwhile, up in the clock tower on the Parade in Leamington the Peregrine Falcons are doing well. A couple of weeks back I was there, one of the Peregrines was calling loudly as it flew near the tower. Ahead of it was a group of about eight pigeons. They circled the tower at a safe distance always keeping an eye on the enemy. Maybe the Falcon was calling in frustration. It had no element of surprise or any real sense of speed at that moment. The Peregrine continued to out call it's loud echoey cry. I looked at the people below it and no-one seemed to look up.



Life carried on oblivious to dramatic nature above. Now, I wonder if the bird had been a drone flying above. Then people may have looked up and even pointed.

I recently had a couple of close encounters with the young Muntjac. Its now completely independent and looking good. I've seen it close to the cottage eating sunflower hearts of the ground under the Cedar tree. I had no idea I was going to

see it much closer.

Up at the top of the garden I've got a veg plot. I've surrounded it with wire to keep the Rabbits out - all very "Mr McGregor", although the Rabbits don't come as close nowadays. Now the young Muntjac entered the veg plot through the little gate I'd left open. There was nothing much to eat there at that time so, after mooching about it realised there was a fence and couldn't seem to remember where the gate was. So at this point I will be forever grateful for the evenings spent watching "One Man and His Dog" several decades ago. Trying not to panic the deer I moved to the back of the plot at the opposite end to the open gate. I slowly raised my arms and uttered the immortal words, "Cum by - cum by". After a couple of head butts to the wire fence the Muntjac found the gate and was off down the garden like there was no tomorrow. A successful "unpenning" and no points lost. If only Phil Drabble had been there!

Come to think of it if anyone has inspired me to write this 'scribble' in an informal chatty way it was Phil Drabble. I met him in Leamington many years ago. We chatted and I shook his hand.

Thank you Phil, I miss your nature notes.









## St Chad's Centre Schedule

Monday	Activity	Contact
10-11.30am	<p><b>St Chad's' Tinies</b></p> <p>We are a friendly playgroup for children aged 0-4 years and their carers.</p> <p>Hot drinks and snacks, toys, craft activities and singing.</p> <p>All welcome.</p> <p>Term time only</p>	Contact on Facebook
17.00-19.00	<p><b>Martial Arts</b> Class. Over 12 years and adults</p>	<p>Andy Shaw – <a href="mailto:andy@linkcube.co.uk">andy@linkcube.co.uk</a></p>
19.30-20.30	<p><b>Kettle Bell Class</b></p> <p>The classes provide a friendly &amp; encouraging high intensity interval training session.</p> <p>50 mins exercise and 10 mins recovery &amp; stretching.</p> <p>It's a great way to improve one's general fitness. Classes run by Tony Foster a qualified KB Instructor</p> <p>Cost £6 per session</p> <p>Please bring KB (some are kept in stock please ask) exercise mat, towel and water.</p>	<p>Contact Bridget</p> <p>07795226047</p>



Tuesday	Activity	Contact
9.15-12.30	<p><b>ADVENTURE BABIES</b></p> <p>Take your little ones on a Sensory Story-telling Adventure every Tuesday at St Chad's Centre, as we bring brilliant books to life with puppets, props, bubbles and sensory activities.</p> <p>Mini Adventurers (0-18 months) 9.15am - 10.00am</p> <p>Diddy Adventurers (0-12 months) 10.30am - 11.15am</p> <p>Mini Adventurers (0-18 months) 11.45am - 12.30am</p> <p>Booking essential please visit <a href="http://www.adventurebabies.co.uk/warwickshireandcoventry">www.adventurebabies.co.uk/warwickshireandcoventry</a> to secure your place or contact <a href="mailto:lindsey@adventurebabies.co.uk">lindsey@adventurebabies.co.uk</a></p>	<p><a href="mailto:lindsey@adventurebabies.co.uk">lindsey@adventurebabies.co.uk</a></p> <p>or visit:</p> <p><a href="http://www.adventurebabies.co.uk/warwickshireandcoventry">www.adventurebabies.co.uk/warwickshireandcoventry</a></p>
14.30 –16.00 13th June	<p><b>HISTORY GROUP</b></p> <p>Outing to Chedham's Yard, Wellesbourne. Cars leaving from outside church at 10.00 am. Returning some time after lunch.</p>	<p>John Fletcher on 01926 426001 or <a href="mailto:johnfletcher@sky.com">johnfletcher@sky.com</a></p>

<p>16.45-18.30</p>	<p><b>ATOMIC DANCE</b></p> <p><b>Acrobatic Arts 1</b></p> <p>4.45pm-5.30pm - Ages 5+</p> <p>Learn the foundations of dance technique and acro movement. In this beginner class, students will develop skills such as forwards and backward rolls, cartwheels and bridges in a fun, friendly environment.</p> <p>£18 per month.</p> <p><b>Acrobatic Arts 2</b></p> <p>5.30pm-6.30pm - Ages 7+</p> <p>A more challenging acro class for children who have previous acro or dance experience. Learn how to safely execute skills such as handstands, backbends and walkovers alongside improving dance technique.</p> <p>£21.50 per month</p>	<p>Contact Ellie Rowe 07392 348155 or <a href="mailto:ellie@atomicdance.co.uk">ellie@atomicdance.co.uk</a></p>
<p>19.00-20.00</p>	<p><b>YOGA</b></p> <p>Supporting Health &amp; Wellbeing</p> <p>Yoga classes with Amanda</p> <p>Specialising in yoga for beginners. Sedentary workers, and mums.</p> <p>£5.00 per person</p> <p>Classes are limited to 11 people</p> <p>Please bring your own mat / block</p>	<p><a href="http://www.lifewithaman.com">www.lifewithaman.com</a></p>

Wednesday	Activity	Contact
9.15-12.30	<p><b>ADVENTURE BABIES</b></p> <p>Take your little ones on a Sensory Story-telling Adventure every Tuesday at St Chad's Centre, as we bring brilliant books to life with puppets, props, bubbles and sensory activities.</p> <p>Mini Adventurers (0-18 months) 9.15am - 10.00am</p> <p>Diddy Adventurers (0-12 months) 10.30am - 11.15am</p> <p>Mini Adventurers (0-18 months) 11.45am - 12.30am</p> <p>Booking essential please visit <a href="http://www.adventurebabies.co.uk/warwickshireandcoventry">www.adventurebabies.co.uk/warwickshireandcoventry</a> to secure your place or contact <a href="mailto:lindsey@adventurebabies.co.uk">lindsey@adventurebabies.co.uk</a></p>	<p><a href="mailto:lindsey@adventurebabies.co.uk">lindsey@adventurebabies.co.uk</a></p> <p>or visit:</p> <p><a href="http://www.adventurebabies.co.uk/warwickshireandcoventry">www.adventurebabies.co.uk/warwickshireandcoventry</a></p>
19.00-20.00	<p><b>YOGA</b></p> <p>Supporting Health &amp; Wellbeing</p> <p>Yoga classes with Amanda</p> <p>Specialising in yoga for beginners. Sedentary workers, and mums.</p> <p>£5.00 per person</p> <p>Classes are limited to 11 people</p> <p>Please bring your own mat / block</p>	<p><a href="http://www.lifewithaman.com">www.lifewithaman.com</a></p>



<b>Thursday</b>	<b>Activity</b>	<b>Contact</b>
10.15-11.45	<p><b>ST CHAD'S COMMUNITY CAFÉ</b></p> <p>Serving Drinks and Cake for you to enjoy</p> <p>If you would like to volunteer for one or two weeks per month please contact: kateatkaribu22@outlook.com</p>	<p>Kate Wellsted</p> <p>kateatkaribu22@outlook.com</p> <p>or ring 07713113464</p>
<b>Friday</b>	<b>Activity</b>	<b>Contact</b>
10.00-12.00	<p><b>Tai Chi</b> - All Classes are for beginners but are suitable for anyone. Classes have a maximum of 10 Students to ensure social distancing and are COVID Compliant. First class is free, so no reason not to find if Tai Chi is right for "you"</p>	<p>Peter Fletcher 07487 685679</p>
<p><b>Sundays</b></p> <p>18.15-20.00</p>	<p><b>St Chad's Youth Club</b></p>	<p>www.stChad'sbt.org</p>
<p>Last Sunday of every month doors open at 15.15</p>	<p><b>Sound Meditation Classes</b></p> <p>80 Minutes of Bliss</p> <p>Healing for your mind-body-spirit</p>	<p>Louise</p> <p><a href="http://www.heathcoteholistics.co.uk">www.heathcoteholistics.co.uk</a></p> <p>01926 741255</p>

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